

BOOKNO

COHRTIDN

IDNO

Respondent serial number 

A					
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Interviewer number 

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 IntID

MID-THIRTIES COHORT

SCHEDULE 1

SEX SEX

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POST CODE 

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 PCODE

WEST OF SCOTLAND TWENTY - 07 STUDY

MID-THIRTIES QUESTIONNAIRES

RESPONDENT SERIAL NUMBER IDNO2

A					
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1). First of all, I am going to read some general statements about health. I'd like you to say how far you agree with each statement. The answers you give are shown on top of this card. There are no right and wrong answers. We would just like to know what you think.

Interviewer - read out each item and code. Give R CARD 1 and prompt to refer to the response card.

	as	ja	a/ nor d	jd	ds	dk
<b>HIMPT</b> To have good health is the most important thing in life.	1	2	3	4	5	&
<b>HTHINK</b> If you think too much about your health, you are more likely to be ill.	1	2	3	4	5	&
<b>HILLDRC</b> I have to be very ill before I go to the doctor.	1	2	3	4	5	&
<b>HTIME</b> People like me don't really have time to think about their health	1	2	3	4	5	&
<b>HAREA</b> The area people live in has a big effect on their health	1	2	3	4	5	&
<b>HSTRESS</b> Worry and stress are very important causes of illness	1	2	3	4	5	&

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2a) Do you think that people are more healthy now than when your parents were about your age?

<b>HPARAGE</b>	More healthy.....1	→2b	
	Less healthy.....2	→2c	
	About the same.....3	→2d	
	All depends / don't know.....&		

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b) i) *If thinks people more healthy now*  
What do you think causes people to be healthier now than when your parents were about your age?  
(Interviewer – If respondent gives more than one reason, ask which is main reason)

b ii) Are there any things which you think cause people to be less healthy now than when your parents were about your age?  
(Interviewer – If respondent gives more than one reason, ask which is main reason)

→q3

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c i) *If thinks people less healthy now*  
What do you think causes people to be less healthy now than when your parents were about your age?  
(Interviewer – If respondent gives more than one reason, ask which is main reason)

c ii) Are there any things which you think cause people to be healthier now than when your parents were about your age?  
(Interviewer – If respondent gives more than one reason, ask which is main reason)

→q3

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- d i) *If 'all depends' or 'don't know' or 'about the same'*  
Are there any things which you think cause people to be healthier now than when your parents were about your age?  
(Interviewer – If respondent gives more than one reason, ask which is main reason)
- d ii) Are there any things which you think cause people to be less healthy now than when your parents were about your age?  
(Interviewer – If respondent gives more than one reason, ask which is main reason)
- 

- 3) How likely is it that healthy women of your age might develop a serious disease over the next ten years? Is it. . .  
(Interviewer – Read out and refer R to CARD 2)

**W10YRS**

- very likely.....1  
fairly likely.....2  
fairly unlikely.....3  
very unlikely.....4  
don't know.....&
- 

- 4) And what about men, how likely is it that healthy men of your age might develop a serious disease over the next ten years? Is it. . .  
(Interviewer – Read out and refer R to CARD 2)

**M10YRS**

- very likely.....1  
fairly likely.....2  
fairly unlikely.....3  
very unlikely.....4  
don't know.....&
-

5) In your opinion, what are the serious diseases which affect people nowadays? There are no right or wrong answers to this question; we are interested to find out what people consider to be serious diseases.

(See SDIS1 to SDIS4)

6) Thinking for a moment about some particular illnesses or health problems which affect people nowadays, from your experience would you say that the following are more common among men, more common among women, or about equal?

		More common men	among women	About equal	DK	
i)	Heart disease	1	2	3	&	<b>OHeart</b>
ii)	Arthritis and rheumatism	1	2	3	&	<b>OArthrit</b>
iii)	Mental illness	1	2	3	&	<b>OMental</b>
iv)	Nervous problems	1	2	3	&	<b>ONervs</b>
v)	Cancer	1	2	3	&	<b>OCancer</b>

7) In general, would you say that you are more likely than other people to get ill, about as likely as others to get ill, or less likely than others to get ill?

More likely than others..... 1  
 About as likely..... 2 **Getill**  
 Less likely..... 3  
 Don't know ..... &

NOW I'D LIKE TO ASK YOU A FEW QUESTIONS ABOUT YOUR OWN HEALTH \*

8) Over the last twelve months, would you say that your health has on the whole been,  
(read out)

<b>SHLYR</b>	good.....	1
	fairly good.....	2
	not good.....	3
	Don't know.....	&

9a) Do you have any longstanding illness, disability or infirmity? By longstanding I mean anything that has troubled you over a period of time or that is likely to affect you over a period of time?

<b>LStand</b>	Yes.....	1	} → q11
	No.....	2	
	Don't Know.....	&	

*If yes,*  
b) What is the matter with you?

c) Does this illness or disability limit your activities in any way?

<b>LSILiM</b>	Yes.....	1
	No.....	2
	Don't know.....	&

10) What do you think of your level of fitness; do you think that it is:  
(Interviewer – Read out)

<b>fitness</b>	Very good.....	1
	Good .....	2
	Moderate .....	3
	Not very good.....	4
	Don't know.....	&

11) How do you feel about your weight; for your height, do you think that you are . . . . .  
(Interviewer – Read out)

- Lighter than you'd like to be..... 1
- Heavier than you'd like to be..... 2
- About right..... 3
- Don't know/mind..... &

✓ **percwt**

NOW I WOULD LIKE TO MOVE ON AND ASK YOU SOME QUESTIONS ABOUT YOUR EARLIER LIFE, AND THEN SOME THINGS ABOUT YOUR LIFE NOW.

12) Sometimes people describe themselves by their origins – they call themselves Scots, or Irish, or English, or Pakistani or Indian and so on. How would you describe yourself?

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✓ **Ethnic**

&&&&&&&&&&&

13a) When were you born?

	DOBDAY	DOBMNTH	DOBYR
D.O.B.....			

Interviewer – If R's DOB is not within the range 1946-1955, then go to q65 (household composition to establish whether another household member is within age range)

b) Where were you born?  
Interviewer – Record birthplace. ....

**BplaceR**

**Birthplace**.....

Then code to one of below:

- Glasgow / Study Region..... 1
- Elsewhere in Scotland..... 2
- England or Wales..... 3
- Northern Ireland..... 4 → 13d)
- Eire..... 5
- UK doesn't know where..... 6
- Outside UK and Eire (specify)..... 7
- Don't know..... & → 13d

c) If born outside U.K.  
When did you move to the U.K.?  
Interviewer – avoid don't know where ever possible and encourage R to make an estimate if necessary.

**MoveUK**                      Year moved to U.K.....   .....

d) What religious group or church were you born into?

<b>relborn</b>	Protestant.....	01
	Church of Scotland.....	02
	Episcopal/Church of England.....	03
	Free Church.....	04
	Free Presbyterian.....	05
	Methodist.....	06
	Baptist.....	07
	Other Prot. (specify).....	08
	Protestant unspecified.....	09
	Roman Catholic.....	10
	Other Christian (specify).....	11
	Christian unspecified.....	12
	Jewish.....	13
	Muslim/Islam.....	14
	Hindu.....	15
	Buddhist.....	16
Other (specify).....	17	
Sikh.....	18	
Atheist/Agnostic/None.....	19	
Mixed Marriage..(specify).....	&&	
Don't know.....	&&	

TURNING NOW TO YOUR PARENTS, OR THE PEOPLE WHO BROUGHT YOU UP, AND YOUR CHILDHOOD.

Thinking first of your Natural parents (THAT IS THE PARENTS THAT GAVE BIRTH TO YOU)

14) Is your (natural) mother still alive?

<b>MoAlive</b>	Yes.....	1
	No.....	2
	DK.....	&

*If natural mother is dead (ie code 2 above)*

15a) How old was your (natural) mother when she died?

**MAgeDth** Mother's age (in years).....   .....&&

b) How old were you when she died?

**RAgemDth** R's age (in years).....   .....&&

c) What caused her death?

**WhydieM** .....



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*If doesn't know whether mother is still alive,*  
16a) Have you ever known your natural mother?

**knowmo** Yes.....1 → 16c)  
No.....2  
Don't know.....&

b) Have you ever known your natural father?

**Knowfa** Yes.....1 → q18  
No.....2 } → q23  
Don't know.....&

c) How old were you when you lost touch with your mother?

**Agelosm** Age in years.....   .....

---

17) Where was your (natural) mother born?  
(Interviewer – avoid DK wherever possible)

**BplaceM** Record birthplace if known.....  
Glasgow / Study Region.....1  
Elsewhere in Scotland.....2  
England or Wales.....3  
Northern Ireland.....4  
Eire.....5  
UK doesn't know where.....6  
Outside UK and Eire (specify).....7  
Don't know.....&

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18) Is your (natural) father still alive?

**FaAlive** Yes .....1 → q21  
No .....2  
DK .....& → q20

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*If natural father is dead (ie code 2 above)*  
19a) How old was your (\*natural) father when he died?

**FageDth** Father's age (in years).....   &&

b) How old were you when he died?

**RagefDth** R's age (in years).....   &&

c) What caused his death?

**Whydief** .....&

→ q

*If doesn't know whether father is still alive.*  
20a) Have you ever known your natural Father?

**Knowfa2** Yes..... 1  
No..... 2  
Don't know..... & } → q

b) How old were you when you lost touch with your father?

**Agelosf** Age in years.....   &&

21) Where was your (natural) father born?  
(Interviewer – avoid DK wherever possible)

**BplaceF** Record birthplace if known.....  
Glasgow / Study Region..... 1  
Elsewhere in Scotland..... 2  
England or Wales..... 3  
Northern Ireland..... 4  
Eire..... 5  
UK doesn't know where..... 6  
Outside UK and Eire (specify)..... 7  
Don't know..... &

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22a) Were your parents ever separated or divorced?

**PaSepDiv**

Yes..... 1  
No..... 2 } → q23  
Never knew parents/ DK..... &

*If yes,*

b) How old were you when your parents stopped living together?

Interviewer – avoid don't know wherever possible.

**Agepsep**

Age in years..... □ □ .....&&

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23) Thinking back to the time of your childhood now, who did you live with for most of the time between ages 5 and 15?  
(Interviewer – interest is in parent figures not other household members etc).

**Livewith**

Both parents.....01  
Adoptive parent(s).....02 → q24  
Mother and other male (name of male).....03  
Father and other female (name of female).....04  
Mother alone.....05  
Father alone.....06  
Mother then father or vice versa.....07  
Foster parent(s).....08 → q24  
Other relative(s) (name of male head).....09 → q24  
Combination of people.....10  
Residential care.....11 } → q26  
Don't know.....&&

b) So, can I just check – when you say 'parents' (mother/father) do you mean your 'natural' parents (mother/father), the parents who gave birth to you (rather than step/ adoptive/ foster parents and so on)?

**parcheck**

Yes..... 1 → q25  
No..... 2  
Don't know..... &

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*If R grew up with 'parents' other than biological parents:*  
 24a) Are both of the parents who brought you up still alive?

**Sparlive**

Yes.....1 → 24  
 No.....2  
 DK.....& → 24

*If no*

b) Is it your (social) mother (and) or (social) father who has died?  
 How old were you when s/he died?

		Alive		Age (in years) of R at parent(s) death
		Yes	No	
.. when (social) mother died	<b>Smolive</b>	1	2 &	<input type="text"/> <input type="text"/> AgesmDth &&
.. when (social) father died	<b>Sfalive</b>	1	2 &	<input type="text"/> <input type="text"/> AgespDth &&

c) Were your (\*s) parents ever separated or divorced?

**Sparsep**

Yes.....1  
 No.....2] → q  
 DK.....9]

*If yes*

d) How old were you when your parents stopped living together?

**ASparSep**

Age in years..........&&

Ask question 25 of either mother or mother-figure and father or father-figure that R primarily spent childhood (ages 5-15) with

25a) Thinking back now to when you were a teenager - say when you were around 15 or 16, Did your mother (or mother figure) do any kind of paid work?

**Mowork**

Yes.....1  
 No.....2] → q  
 DK.....&]

b) *If yes,*  
What was her main occupation? (please give as much detail as possible)

**Moccup**

.....

.....    &&&

**SOCLASSM SEGM**

c) Did she work full or part-time?

**Mjobfull**

Full-time.....1

Part-time.....2

Don't know.....&

d) Do you know if she had any education or training after leaving school?

*If yes,*

What qualification(s) did she obtain?

Interviewer – Record highest qualification. If in doubt about which of the qualifications is highest, record all. If has had no education or training after leaving school, write 'none'.

**MoEduc**

.....

.....

e) And what about your father (or father figure)? What was his main occupation when you were a teenager – say when you were around 15 or 16? (please describe as fully as possible).

Interviewer – Record (main) occupation

**Foccup**

.....

.....    &&&

**SOCLASSF SEGF**

f) Do you know if he had any education or training after leaving school?

*If yes,*

What qualification(s) did he obtain?

Interviewer – Record highest qualification. If in doubt about which of the qualifications is highest, record all. If has had no education or training after leaving school, write 'none'.

**FaEduc**

.....

.....



NOW I WOULD LIKE TO ASK YOU A FEW QUESTIONS ABOUT YOUR SCHOOLING, \*  
EDUCATION, AND ANY TRAINING YOU'VE HAD SINCE THEN.

26a) What type of school did you LAST attend full-time? Say the type  
of school as it was when you were at school there.  
Interviewer – Probe as necessary. If unsure of code, describe fully at 'other'.

<b>Rschoo</b>	Junior Secondary.....	1
	Senior Secondary.....	2
	Comprehensive.....	3
	Direct grant.....	4
	Public/fee paying.....	5
	Grammar.....	6
	Secondary modern.....	7
	Technical school.....	8
	Other (specify).....	9
	Don't know.....	&

b) Was this the type of school which you attended for the majority  
of your schooling after the age of 11?

<b>Majschol</b>	Yes.....	1
	No.....	2
	Don't know.....	&

27a) Did you leave school with any qualifications?

<b>SQual</b>	Yes.....	1
	No.....	2 → 9
	Don't know.....	&

*If yes*

b) What qualifications did you have then?  
*Interviewer - list all qualification here. Code 0 if R does not  
have the particular qualification*

<b>Olevel</b>	<div style="font-size: 4em; vertical-align: middle;">{</div>	'O' Levels.....	<input type="checkbox"/>	&
<b>Alevel</b>		'A' Levels.....	<input type="checkbox"/>	&
<b>Higher</b>		Highers.....	<input type="checkbox"/>	&
<b>CSE</b>		C.S.E.....	<input type="checkbox"/>	&
<b>LCert</b>		Leaving certificate.....	<input type="checkbox"/>	&
<b>Othqual</b>		Other (specify).....	<input type="checkbox"/>	&

28a) Have you obtained any qualifications since leaving school?

**NonSQual**

Yes..... 1  
 No..... 2 → q29  
 Don't know..... &

28b) What qualifications have you got, since leaving school?  
*and ask for each:*  
 When did you obtain this qualification (ie how old were you (age in years))

QUALIFICATION(S)	AGE	
(See NSQ1)		AgeNSQ1
(See NSQ2)		Age NSQ2
(see NSQ3)		AgeNSQ3
(see NSQ4)		Age NSQ4

(Prompt R about ONC, City and Guilds etc)

29) Are you doing any studying or training at the moment?

Yes, training/apprenticeship..... 1  
 Yes, other (specify)..... 2  
 No..... 3  
 Don't know..... &

**Studynow**

30a) Have you done any other kind of full-time or part-time training or apprenticeship?

**training** Yes (specify)..... 1  
 No..... 2  
 Don't know..... & **→q**

b) *If yes*  
 What was it?

.....

c) Was it a full-time or part-time training or apprenticeship?

**trainful** Full-time.....1  
 Part-time.....2  
 Don't know.....&

d) How many years did you spend doing it?

**yrtrain** number of years.....   .....

e) Did you complete this course of training/ apprenticeship?

**fintrain** Yes.....1  
 No.....2  
 Don't know.....&

31a) How old were you when you left school?

**AgeLEd** Under 15.....1  
 15.....2  
 16.....3  
 17.....4  
 18.....5  
 19 or over.....6  
 Don't know.....&

b) And how old were you when you first left home?

**AgeLhome** Age in years .....   .....

Still in parental home..... 88





32a) Are you in any kind of paid work now?

**paidwork** Yes.....1 →q39 (p19)  
 No.....2  
 Don't know.....&

b) How long is it since you were last in paid work for a period of 6 months or more?  
 Interviewer – code never had a paid job as 98 for months & years

**Lastwork** Number of months.....   && **Lastwrkm**  
 Number of years.....   && **Lastwrky**

c) What was the last paid job that you did? (Please describe as fully as possible)

.....  
**Lastjob** .....    &&&  
**(see SOCLASSL) SEGL**

33) Are you now:

**Lookwork** Unemployed & looking for work.....1 →q35  
 Unemployed & not looking for work.....2  
 Don't know.....&

34a) *If not looking for work at present*  
 Why is that?

**Nonwksta** Looking after the home (&/or children) full time.....1  
 Out of work and temporarily sick.....2  
 Permanently sick or disabled.....3  
 Student.....4  
 Other (specify).....5  
 Don't know.....&

b) Would you like (to return) to work when circumstances allow you to?

**backwork** Yes.....1  
 No.....2 →q36  
 Don't know.....&

c) *If yes*  
 Will you be looking for full or part time work?

**backwkfl** Full time.....1  
 Part time.....2 →q36  
 Don't know.....&



*If unemployed and currently looking for work:*

35a) What sort of work are you looking for (Please describe the job as fully as possible)?

**lookjob** .....  
 .....

b) Realistically, how likely do you think it is that you will find a job during the next 6 months or so? Is it.....  
 (Interviewer – Refer R back to CARD 2)

**findjob** Very likely.....1  
 Fairly likely.....2  
 Fairly unlikely.....3  
 Very unlikely.....4  
 Don't know.....&

36a) Considering both working for someone else and being self-employed, imagine you had enough money to live as comfortably as you would like for the rest of your life, would you want to work somewhere or would you want to remain without a job?

**wantwrku** Would want to work somewhere..... 1  
 Would want to remain without a job.....2 → q36  
 Would do voluntary work.....3  
 Don't Know.....&

*If 'would want to work somewhere'*

b) Would you look for a job like your previous one or try to find something different? Remember we're imagining that you don't need your pay.

**PrevjobU** Would want job like previous job (specify)..... 1  
 Would want to find something different..... 2  
 Would do voluntary work..... 3  
 Never worked..... 8  
 Don't know.....&

c) Would you want to work full- or part-time?

**WantfulU** Full time.....1  
 Part time.....2 → q3  
 Don't know.....&

- If 'would want to remain without a job' ✓*
- d) Do you think that you might change your mind later and want to go back to work somewhere later on? Remember we're imagining that you don't need your pay.

**MindchgU**

Yes, might change mind later.....1  
 No.....2  
 Would do voluntary work.....3  
 Don't know.....&

- If looking after the home (or children) full time (see 34a) (Otherwise go to q62)*
- 37a) Thinking of your day to day work in looking after the home and family, would you say that your work around the house is routine, doing the same sorts of things all day every day?

**RoutineH**

Yes .....1  
 No.....2  
 Don't know.....&

→q38

- If yes, (ie thinks that work is routine)*
- b) Would you rather have more variation, or do you not mind it being routine?

**Mindrth**

Would rather have more variation.....1  
 Doesn't mind it being routine.....2  
 Don't know.....&

- 38) In general, thinking of the work that you do around the house (etc) . . . .

		A great amount	A fair amount	Some	Very little	DK
a)	How much stress and pressure is there in your days work in the home? <b>WKHStres</b>	1	2	3	4	&
b)	How much pleasure and satisfaction do you get out of your days work in the home? <b>WKHSat</b>	1	2	3	4	&

To those currently in paid work

THINKING OF YOUR CURRENT JOB.

(if more than one job record main job)  
 39) What job do you do? It would be helpful if you could be as precise as possible, using the name that your job is known by in your trade or profession - for example, woodworking machinist, primary school teacher, district nurse, motor mechanic and so on.

**Currjob** .....

.....

.....

.....

.....

.....

..... &&&

(see SOCLASSR)      **SEGR**

Interviewer - if information is not detailed enough for social class and SEG coding probe further.

40a) Are you self-employed?

<b>Semployr</b>	Yes .....	1	} → q
	No .....	2	
	Don't know.....	&	

(semployl, semploym, semployf, semploys)

If yes, (i.e. R is self employed)

b) How many people do you employ?

<b>NEmployR</b>	None other than the family.....	1
	Fewer than 10.....	2
	10-24.....	3
	25 or more (namely.....)	4
	Don't know.....	&

(nemployl, nemploym, nemployf, nemploys)

c) What does your firm do?

**Rfirmdo** .....

→?

*If not self-employed*  
41a) What company/organisation do you work for?

**WorkfoR** .....

b) Are you:

**Supervisr**

- a manager..... 1
- a foreman/supervisor/chargehand..... 2
- not supervising..... 3
- Don't know.....&

(supervisr, supervism, supervisf, superviss)

c) How many people does your firm employ in the U.K? (Is it less than 25 people?)

**Nfirmr**

- Up to 24.....1
- 25 or more.....2
- Don't know.....&

(nfirmr, nfirmm, nfirmf, nfirmf)

*Ask all who are working*

42) When did you start working as a . . . . . (job title) at  
. . . . . (company/organisation) ?  
(Record year and month as accurate as R can recall) MMY

**beginjob** .....

beginjobm

beginjoby

43a) Are you currently doing any other kind of paid work (in addition to the job you have just described)?

**otherjob**

- Yes ..... 1
- No..... 2
- Don't know.....&

→q44

*If yes,*  
b) What job are you doing

.....

---

44) Last week (or the last full week that you worked) how many hours did you spend in paid work including overtime and working at home?  
(Record R's estimate as well as circling one of the codes below. NB This includes main and any secondary jobs together).

**hrswork** Estimated number of hours .....   &&

Less than 10 hours..... 1  
10-19 hours..... 2  
20-29 hours..... 3  
30-39 hours..... 4  
40-49 hours..... 5  
50 hours or more..... 6

Don't know.....&

---

45) Do you work . . . . .

**Jobfull** full-time..... 1  
or part-time..... 2  
Don't know.....&

---

46a) In your (main) job, are you ever 'on call'?

**oncall** Yes ..... 1  
No..... 2  
Don't know.....& **→q47**

b) *If yes*  
How often are you on call?

**txoncall** Number of times.....  
per week.....  
per month.....  
per year.....  
other (specify).....

Don't know.....

---

47a) On your (main) job do you work shifts? I mean, do you change regularly from one shift to another?

**shifts**

Yes .....	1	} →q48
No.....	2	
Don't know.....	&	

*If R is a shift worker ask :*

b) What are the usual hours of the shifts that you work?

**hrshifts**

From / to.....

From / to.....

From / to.....

From / to.....

Don't know.....

c) For how many weeks or days do you usually work a particular shift? (what is the rotation?)

**Shiftchg**

Number of days.....

Number of weeks.....

No set rotation.....

Don't know.....

d) If the wages were the same as you are earning now, would you prefer to work a normal 9 to 5 day?

**Shift95**

Yes .....	1	} →47f
No.....	2	
DK.....	&	

→q48

*If yes,*

e) What is it about shift work that you most dislike?

**Shiftbd**

.....

.....

→q48

*If No,*

f) What is it about shift work that you most like?

**Shiftgd**

.....

.....

48a) Do you get paid holidays?

- paidhol**
- Yes..... 1
  - No..... 2 →q49
  - Self-employed..... 3 →q50
  - Unknown..... & →q49

*If yes*

b) How much paid holiday are you entitled to? (NB excluding public holidays)  
 Interviewer – code 88 if R is self employed.

Number of working days.....   &&

49) Does your employer give you time off with pay when you are sick?

- Sickpay**
- Yes..... 1
  - No..... 2
  - Self employed..... 3
  - Unknown..... &

50. Thinking about the working conditions on your (main) job,  
 (Interviewer – give R CARD 3)

		Freq.	S-tim	Occ	Nev	DK
<b>JDirt</b>	a) How often do you work in a lot of dirt or dust?	4	3	2	1	&
<b>Jtemp</b>	b) How often do you have to work in extreme hot or cold temperatures – say below freezing or hot enough to sweat?	4	3	2	1	&
<b>Jfumes</b>	c) How often are you exposed to fumes or chemicals at work (specify)	4	3	2	1	&
<b>Jaccid</b>	d) Are you in danger of accidents at work	4	3	2	1	&
<b>Jnoise</b>	e) How often are you bothered by noise at work	4	3	2	1	&



51a) Would you say that your work is routine, doing the same sorts of things all day every day?

**routinej** Yes .....1  
 No.....2  
 Don't know.....&

} → q52

*If yes, (ie., thinks that work is routine)*

b) Would you rather have variation, or do you not mind it being routine?

Would rather have more variation.....1  
 Doesn't mind it being routine.....2  
**Mindrtj** Don't know.....&

52a) Can you regulate your own pace of work?

All of the time.....1 → q53  
**Regulj** Most of the time.....2  
 Some of the time.....3  
 None of the time.....4  
 Don't know.....&

b) Would you rather be able to regulate your own pace of work more of the time, or do you not mind?

Would rather regulate pace more of time.....1  
 Doesn't mind.....2  
**Moreregj** Don't know.....&

53) In general . . . .

	A great amount	A fair amount	Some	Very little	DK
a) How much stress and pressure <b>wkjstres</b> is there in your days' work?	1	2	3	4	&
b) How much pleasure and satisfaction do you get out of your days work? <b>Wkjsat</b>	1	2	3	4	&
c) How much does your work conflict with other parts of your life? <b>WkjconfL</b> What makes you say that (record response).....	1	2	3	4	&

54) Looking back over the last year or so, how often . . .  
 (Interviewer – Refer R back to CARD 3)

		freq	s-tim	occ	nev	DK
a)	Has the <u>stress</u> of your job upset your sleep at all? <b>JSleep</b>	4	3	2	1	&
b)	Has the <u>stress</u> of your job upset your appetite at all? <b>Jeat</b>	4	3	2	1	&

55) How often would you say that the following statements are true for your current job? Are they frequently true, sometimes true, occasionally true or never true,  
 (Interviewer – Refer R back to card 3)

		freq	s-tim	occ	nev	DK
	My days work is dull and monotonous <b>Jdull</b>	4	3	2	1	&
	My days work is mentally tiring <b>Jmtire</b>	4	3	2	1	&
	My days work is challenging <b>Jchallenge</b>	4	3	2	1	&
	My days work is more than I can handle <b>Jhandle</b>	4	3	2	1	&

56) Would you say that your job gives you a chance to use your abilities to the full?

<b>Jability</b>	Yes, very fully.....	1
	Yes, quite fully.....	2
	No, not much.....	3
	No, not at all.....	4
	Don't know.....	&

57) Comparing yourself with other people about your sort of age doing your sort of work, would you say that your own level of education at school or college was:

<b>JEduc</b>	Higher than theirs.....	1
	About the same.....	2
	Lower than theirs.....	3
	Don't know.....	&

58) How secure would you say that your job is? Would you say that it is probably,

<b>JSCURE</b>	Very secure .....	1
	Fairly secure .....	2
	Fairly insecure .....	3
	Very insecure.....	4
	Don't know.....	&

59) Do you ever meet any of the people that you work with socially (ie., out of work)?

<b>JSocial</b>	No, never.....	1
	Yes, once or twice a year.....	2
	Yes, about once a month .....	3
	Yes, about once a fortnight.....	4
	Yes, more frequently than above.....	5
Don't know.....	&	

60) Do you count any of the people you work with to be among your closest friends?

interviewer – code 00 in box if R has no close friends at work, as well as circling code 2.

**JfriendN**

<b>Jfriends</b>	Yes (How many <input type="checkbox"/> <input type="checkbox"/> ).....	1
	No .....	2
	DK.....	&

61a) Considering both working for someone else and being self-employed, imagine you had enough money to live as comfortably as you would like for the rest of your life, would you continue to work (not necessarily in your present job) or would you stop working?

<b>Wantwrkp</b>	Would continue to work.....	1
	Would stop working .....	2 →q61d)
	Would do voluntary work .....	3
	Don't know .....	&

b) Would you stay in your present job or try to change jobs? Remember we're imagining that you don't need your pay.

<b>Prevjobp</b>	Would continue in same job.....	1
	Would try to change jobs .....	2
	Would do voluntary work .....	3
	Don't know .....	&

c) Would you want to work full- or part-time?

<b>Wantfulp</b>	Full-time .....	1
	Part-time.....	2
	Don't know .....	&



*If 'would stop working'*

- d) Do you think that you might change your mind later and want to go back to work somewhere later on? Remember we're imagining that you don't need your pay.

**Mindchgp**

Yes, might change mind later.....1  
 No.....2  
 Would do voluntary work .....3  
 Don't know .....&

- 62) I would like you now to think back over the time since you left school.  
 (roughly) How many jobs with different employers have you had since leaving school (please do not include any holiday jobs or periods of employment of less than a month but do include your current job if you're working at the moment)?  
 interviewer – put 88 if R has never worked.

**numjobs**

Number of jobs with diff empl.....   &&

- 63a) Have you ever lost a job, or had to leave a job, because of, ill-health?

**JlosHth**

Yes .....1  
 No .....2  
 .....  
 Don't know.....& **→q**

*If yes*

- b) when was that?  
 Interviewer – record age when R lost/left the job.

**Agelosj**

Age in years.....   &&

- c) What was the job?

.....    &&&

- d) What was the health problem?

Interviewer – record problem.....  
 .....

**Jlosprob**

NOW I WOULD LIKE TO ASK YOU ABOUT THE TIMES WHEN YOU HAVE NOT BEEN IN\* PAID WORK.

64) Still thinking back over the time since you left school, have there been any periods of a month or more when you were not in any kind of paid work, because you were . . . . . ?

	Full-time Student	Sick or disabled	Looking after home	Unempl a looking for work
HOW MANY TIMES?	<b>txstud</b> <input type="text"/> <input type="text"/> &&	<b>txsick</b> <input type="text"/> <input type="text"/> &&	<b>txhome</b> <input type="text"/> <input type="text"/> &&	<b>txunemp</b> <input type="text"/> <input type="text"/> &&
OF THESE TIMES, WHAT IS/WAS THE LONGEST PERIOD? (Record number of months)	<b>mainstud</b> <input type="text"/> <input type="text"/> <input type="text"/> &&&	<b>mainsick</b> <input type="text"/> <input type="text"/> <input type="text"/> &&&	<b>mainhome</b> <input type="text"/> <input type="text"/> <input type="text"/> &&&	<b>mainunem</b> <input type="text"/> <input type="text"/> <input type="text"/> &&&
THINKING OF THIS TIME (IE LONGEST PERIOD), HOW OLD WERE YOU?:				
From age:	<b>Age1stud</b> <input type="text"/> <input type="text"/> &&	<b>Age1sick</b> <input type="text"/> <input type="text"/> &&	<b>Age1home</b> <input type="text"/> <input type="text"/> &&	<b>Age1unem</b> <input type="text"/> <input type="text"/> &&
To age:	<b>Age2stud</b> <input type="text"/> <input type="text"/> &&	<b>Age2sick</b> <input type="text"/> <input type="text"/> &&	<b>Age2home</b> <input type="text"/> <input type="text"/> &&	<b>Age2unem</b> <input type="text"/> <input type="text"/> &&

I WOULD LIKE TO ASK YOU SOME QUESTIONS ABOUT YOUR LIFE NOW AND YOUR CURRENT CIRCUMSTANCES

65) First of all, thinking of the people who live in your household.

Are there any other people living in your household.

Who else lives in your household apart from you?

How is he/she related to you?

How old are they?

Are they currently in work? (Interviewer – see below for codes)

On the whole, would you say that their health is excellent (1); good (2); fair (3); poor (4)?

\*=1 to 11

	HGName	HGrel*	HG	HGage*	HGecact*	HGhealth*
	Name	Relation.....	Sex*	Age	Ec. act. ....	Health
1.		Spouse.....01 partner.....02 child..... own.....03 step.....04 foster.....05 adopted.....06 Parent.....07 P- in law.....08 Grndpar.....09 Grndp- inlaw.....10 other (spec).....11 Don't know.....&& ..... ..... .....	male 1 female 2	<input type="text"/> <input type="text"/>	In work full time . 01 in work part-time . 02 waiting to start job already obt. . 03 Unemplo. and looking work .... 04 Out work temp sick Perm. sick and disabled06 Wholly retired .... 07 Full-time student (at coll/univ) ... 08 Still at school ... 09 In YTS/Gov T. Scheme10 Looking after home/family ..... 11 Pre-school age .... 12 Don't know ..... &&	<input type="text"/>
			<b>Sex</b>	<b>Age</b>		<b>Health</b>
2.		<input type="text"/> <input type="text"/> &&	<input type="text"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> &&	<input type="text"/> &
3.		<input type="text"/> <input type="text"/> &&			<input type="text"/> <input type="text"/> &&	<input type="text"/> &
4.		<input type="text"/> <input type="text"/> &&			<input type="text"/> <input type="text"/> &&	<input type="text"/> &
5.		<input type="text"/> <input type="text"/> &&			<input type="text"/> <input type="text"/> &&	<input type="text"/> &
6.		<input type="text"/> <input type="text"/> &&			<input type="text"/> <input type="text"/> &&	<input type="text"/> &
7.		<input type="text"/> <input type="text"/> &&			<input type="text"/> <input type="text"/> &&	<input type="text"/> &
8.		<input type="text"/> <input type="text"/> &&			<input type="text"/> <input type="text"/> &&	<input type="text"/> &
9.		<input type="text"/> <input type="text"/> &&			<input type="text"/> <input type="text"/> &&	<input type="text"/> &
10.		<input type="text"/> <input type="text"/> &&			<input type="text"/> <input type="text"/> &&	<input type="text"/> &
11.		<input type="text"/> <input type="text"/> &&			<input type="text"/> <input type="text"/> &&	<input type="text"/> &
12.		<input type="text"/> <input type="text"/> &&			<input type="text"/> <input type="text"/> &&	<input type="text"/> &



MARITAL STATUS Interviewer – Check back to household composition table to see if R is living with spouse/partner (q65).

If R has not mentioned living with a spouse or partner in q65 above:

66) Can I just check, since you haven't mentioned it, are you or have you ever been married?

- Married**
- Yes, currently married..... 1
  - Yes, but separated..... 2
  - Yes, but divorced..... 3
  - Yes, but spouse died..... 4
  - No, never married..... 5 →q7
  - Don't know..... &

Interviewer – If code 1 go back to q65 and record details if spouse lives in R's household.

*Interviewer - if R is living with either a spouse or a partner, ask either q67a)-d) OR q67e)-f) as appropriate.*

*If R is living with spouse:*

67a) How old were you when you got married to . . . . . ?

**RageWed** Age in years.....   &&

b) How old was s/he when you got married

**PageWed** Age in years.....   &&

c) Did you live with each other (as husband and wife) before you got married.

- Livetog**
- Yes..... 1
  - No..... 2
  - Don't know..... &
- } →q

d) How old were you when you first started living with each other (as husband and wife)?

**AgeLtogM** Age in years.....   && →q

*If R is living with a partner now:*

e) How old were you when you started living with . . . . . ?

**AgetogU** Age in years.....   &&

f) How old was s/he when you started living together?

**pagelive** Age in years.....   &&



Interviewer – Check household composition table to see if spouse (partner) is currently employed. If spouse (partner) is currently employed:

68a) You said that your husband / wife/ partner was working. What job does s/he do? Please could you be as precise as possible.

**SPoccup** .....  
 .....    &&&

Interviewer – If R is living with a spouse/partner ask:

b) What is his/her highest educational qualification?

**SPEduc** .....  
 Don't know.....

c) Does s/he smoke?

**SPsmoke** Never smoked.....1  
 Ex-smoker.....2  
 Current smoker.....3  
 Don't know .....&

69a) Have either of you been married before?

**PrevWed** Yes, both married before.....1  
 Yes, R married before.....2  
 Yes, R's spouse/partner married before .....3  
 No, neither married before .....4 } → q  
 Don't know.....&

b) How many times have you been married before?

**txwed** Number of times.....  &

c) Thinking of your previous marriage, how old were you when you got married?

**RageLwed** Age in years.....   &&

d) How did the marriage end?

**wedEnd** Separation.....1  
 Divorce.....2  
 Death.....3  
 Don't know .....&

e) How old were you when the marriage ended (when you divorced/ separated/ when your spouse/partner died)?

**AgeWeded** Age in years.....   &&

Interviewer – if more than one previous marriage record details.





Interviewer – Check first to see if R has mentioned any children in household composition table (q65). If so amend question below as appropriate.

70a) And just thinking for a moment about your children. (You have already mentioned that you have . . . . children of your own living with you.) Have you had any (other) children who are not living with you at the moment? (At the moment we are just thinking of your own children, rather than step, foster or adopted children).

**othrkids** Yes ..... 1  
 No ..... 2  
 Don't know ..... & } → q71

b) How many other children have you had who are not living with you?

**Nothrkid** Number of other children .....  &

c) How old are they?

1st <b>Okid1</b> &&	<input type="text"/>	<input type="text"/>	2 <sup>nd</sup> <b>Okid 2</b> &&	<input type="text"/>	<input type="text"/>
3rd <b>Okid3</b> &&	<input type="text"/>	<input type="text"/>	4 <sup>th</sup> <b>Okid 4</b> &&	<input type="text"/>	<input type="text"/>
5th <b>Okid5</b> &&	<input type="text"/>	<input type="text"/>	6 <sup>th</sup> <b>Okid 6</b> &&	<input type="text"/>	<input type="text"/>

71a) Do you think that you will have any (more) children?

**wantkids** Yes ..... 1  
 No ..... 2  
 DK ..... &

b) How many (more) would you like to have?

**wantkidN** Number, more .....  &

*To men who are married or living as married only*

72a) And could I just ask you, have you ever had any children who have died?

**KiddiedM** Yes ..... 1  
 No ..... 2  
 Don't Know ..... & } → q72b

Interviewer – Record details

<b>ydiek1my</b> When did they die (Year).....&&	1 <sup>st</sup> <input type="text"/>	2 <sup>nd</sup> <b>ydiek2my</b> &&	3 <sup>rd</sup> <b>ydiek3my</b> &&
<b>adie1my</b> How old were they when they died &&&& in years and months	<input type="text"/>	<b>adie2my</b> &&&&	<b>adie3my</b> &&&&
<b>adie1mm</b> What did they die from?.....		<b>adie2mm</b>	<b>adie3mm</b>

b) Have you and your wife/partner ever lost a baby through a miscarriage or stillbirth or anything else like that?  
(Interviewer – Do not probe)

		yes	no	DK
Miscarriage	<b>MI</b> Male	1	2	&
Stillbirth	<b>SB</b> Male	1	2	&
Abortion/termination	<b>TA</b> Male	1	2	&

CAN WE MOVE ON NOW TO TALK ABOUT THE HOME WHERE YOU'RE LIVING NOW

73a). Do you own this house/flat, rent it, does it come with someone's job, or are you staying with relatives?

	Owned .....	1
<b>Htenure</b>	Rented .....	2 → q
	Tied house .....	3 → q
	Relative's house .....	4 → q
	DK .....	& → q

*If owned (ie code 1 in 73a) above)*

74a) Do you own it outright, or do you have some sort of loan agreement or mortgage?

	Owned outright .....	1 → q
<b>Mortgage</b>	Building society mortgage .....	2
	Local authority mortgage .....	3
	Bought from council as sitting tenant .....	4
	Other loan arrangement .....	5
	(specify .....	)
	Don't know .....	& → q

*If R's home is mortgaged,*

b) Is it a joint mortgage?

	Yes, Joint (R and spouse/partner) .....	1
	Yes, Joint (R and Other(s)) .....	2
<b>jointown</b>	No, R only .....	3
	No, R's spouse/partner .....	4 → q
	Other (specify) .....	5
	.....	
	Don't know .....	&

*If R is living in rented accomodation (ie code 2 in 73a above)*  
 75a). Who is it rented from?

**Hrental**

- Local authority/council.....
- Glasgow .....01
- Renfrew .....02
- Eastwood.....03
- East Kilbride .....04
- Hamilton .....05
- Motherwell.....06
- Monklands.....07
- Cumbernauld and Kilsyth.....08
- Strathkelvin.....09
- Bearsden and Milngavie.....10
- Clydebank .....11
- Scottish Special HA.....12
- Other housing association.....13
- New Town Corporation.....14
- Employer.....15
- Property company .....16
- Private individual .....17
- Other – specify .....18
- Don't know.....&&

*Ask all people living in rented accomodation.*

b) Is this flat/house/room rented

**Hfurnish**

- furnished.....1
- or unfurnished.....2
- Don't know.....&

Interviewer – ask all those living in accomodation rented from the council, housing association or New Town Corp. (ie codes 01-14 in 75a above)

c) How long were you on the waiting list before you got this house/flat?

Interviewer – record length of time

**Hselist**

Years .....   &&

**Hselistm**

Months .....   &&

**Hselisty**

d) Does the landlord live on the premises?

**Landlord**

- Yes.....1
- No .....2
- Don't Know .....&

*If R is living in tied accomodation (ie code 3 in 73a above)*  
 76a) Who owns it (or who is the employer who supplies it)?

.....

b) Do you pay.....?

	Yes	No.....	DK
<b>Hpayrent</b>			
Rent	1	2	&
<b>Hpayrate</b>			
Rates	1	2	&
<b>Hpayheat</b>			
Heating/lighting	1	2	&



*If R is living with relatives (ie code 4 in 73a above)*  
 77a) Which relatives are you staying with?

<b>relhome</b>	R's parents .....	1
	Spouse's parents.....	2
	Other.....	3
	(specify).....	
	Don't know.....	&

b) Do they own this accomodation, rent it, or what?

<b>Reltenur</b>	Owner occupied.....	1
	Council tenant.....	2
	Private tenant.....	3
	Goes with someone's job.....	4
	Other.....	5
	(specify).....	
	Don't know.....	&

78) When was this building first built?

<b>yrbuilt</b>	Before 1919.....	1
	between 1919 and 1944.....	2
	Between 1944 and 1964.....	3
	1965 or later.....	4
	DK but after 1944.....	5
	DK (neither R or interviewer able.....	
	to give estimate).....	&

79a) What rooms do you have?  
 (Enter number of rooms for exclusive use by R or R + his/her family unit. If not applicable or don't have, code 0 in table below)  
 If room used for dual purpose (e.g kitchen, bedroom) remember to code it under main use)

Sole use	Sole use	
<b>Liverm</b> Living room	Other public room	_____ <b>pubrm</b>
<b>Bedrm</b> Bedroom(s)	Kitchen	_____ <b>kitch</b> .....
<b>bathrm</b> Bathroom	Separate W.C.	_____ <b>toilet</b> .....
<b>bedsit</b> Bed-sit	Other room(s)	_____ specify <b>otherRM</b>

b) Are any of these rooms unusable because of poor state of repair, dampness, or anything like that?

**damprm** Yes ..... 1  
 No ..... 2  
 Don't know ..... & **→q80**

c) Which rooms are unusable?  
 Interviewer – list unusable rooms

.....  
 .....

80a) During the winter, are all of your rooms regularly heated (say at least once nearly every day)?

**heathome** All rooms heated..... 1  
 Most rooms heated..... 2  
 Some rooms heated..... 3  
 No rooms heated..... 4  
 D.K..... &

81) I'm going to read a list of things which some people have in their homes. Do you have any of these in your home?

			Yes	No	DK
a)	A telephone	<b>phone</b>	1	2	&
b)	TV set (colour or B&W)	<b>TVset</b>	1	2	&
c)	Deep freezer	<b>freezer</b>	1	2	&
d)	Vacuum cleaner	<b>vacuum</b>	1	2	&
e)	Washing machine	<b>washmach</b>	1	2	&
f)	Tumble drier	<b>Drier</b>	1	2	&
g)	Dishwasher	<b>Dishwash</b>	1	2	&
h)	Video recorder	<b>video</b>	1	2	&
i)	Hi-fi/stereo/record player	<b>Hi-fi</b>	1	2	&
j)	Radio	<b>Radio</b>	1	2	&
k)	Cassette player	<b>Cassette</b>	1	2	&
l)	Home computer	<b>Computer</b>	1	2	&
m)	Microwave oven	<b>Microwave</b>	1	2	&
n)	Central heating	<b>CHeating</b>	1	2	&

82a) Do you have a car or van?

**OwnCaR**

Yes ..... 1 →  
 No ..... 2  
 Don't know ..... &

b) Is there a car or van normally available for use by you or any members of your family?

Include any provided by employers if normally available for private use by R or members of household.  
Exclude vehicles used solely for the carriage of goods.

**Caravail**

Yes ..... 1  
 No ..... 2  
 Don't know ..... &



83a) Does your accomodation have:  
(Interviewer:- if has both 'own' & 'shared', code 'own' only)

- garden**
- a shared garden ..... 1
  - its own garden ..... 2
  - a shared backyard..... 3
  - its own backyard..... 4
  - none of the above..... 5
  - ..... 5
  - Don't know..... &
- } →q84

b) What do you use the garden for?  
Interviewer – Prompt from list if necessary and code all that apply.

		yes	no	DK
Children play there	<b>Gkids</b>	1	2	&
For gardening	<b>ggarden</b>	1	2	&
Family sit out there	<b>gsit</b>	1	2	&
As a drying green	<b>gdry</b>	1	2	&
Pets use it	<b>gpets</b>	1	2	&
Nothing/put rubbish out	<b>grubish</b>	1	2	&
Other (specify)	<b>gotheR</b>	1	2	&

84) How happy are you with this accomodation for your household?  
Would you say that you were . . . .  
Interviewer – give R CARD 4

- Likehome**
- Very happy ..... 1
  - Quite happy ..... 2
  - Neither happy nor unhappy..... 3
  - Quite unhappy ..... 4
  - Very unhappy ..... 5
  - Don't know..... &

IF WE COULD TALK NOW ABOUT THE GENERAL CONDITION OF YOUR HOUSE/FLAT \*  
AS IT IS AT PRESENT.

85a) Are there any things about this accomodation which you think are hazardous to you or your family's safety or mental or physical health? Think first of the inside of your house/flat.

- Hsafein**
- Yes ..... 1
  - No ..... 2
  - DK ..... &
- } →q85c)

*If yes*  
b) What is that?

..... .

c) And what about the outside of the building, including parts you share with neighbours, or in the immediate vicinity; is there anything about that that you think is hazardous to safety, or mental or physical health?

**HSafeOut** Yes .....1  
No.....2  
DK .....& } →q

*If yes*

d) What is that?

.....  
.....

86a) Is dampness (damp penetration) a problem in your home?

**damp** Major problem.....1  
Minor problem.....2  
Not a problem.....3  
Don't know.....&

b) Is condensation a problem in your home? I don't mean condensation on the window panes, but on the walls and so on.

**Condens** Major problem.....1  
Minor problem.....2  
Not a problem.....3  
Don't know.....&

87a). When did you come to live at this address?

Record last 2 digits of year.  
interviewer – code 88 in the box if R has always lived at this address.

.....   &&  
**whenmove**



b) Where did you live before you moved to this address?  
Interviewer – write in either street address or city/country as indicated.

**prevhome**

Within study region, street address and area ..... 1  
 .....  
 Outside study region, city/country ..... 2  
 Don't know ..... &

c) How long did you live at that (previous) address?  
Interviewer – record number of years and months.

No of years | No of mths  
 .....     &&&&  
**txprevH** **txprevHy** **txprevHm**

88a) Could I just check, are you on any waiting list for housing at the moment?

**waitlist**

Yes ..... 1  
 No ..... 2 } → q89  
 DK ..... &

b) How long have you been on the waiting list?

**txwaitL** No of years.....   &&

c) How many points do you have?

**points** No of points.....    &&&

d) Which areas (if any) have you specified?  
Interviewer – record all; if none write 'none' below

.....  
 .....

e) Were any medical factors taken into account when you were put on the waiting list or in the number of points you were given?

**Medpoint**

Yes ..... 1  
 No ..... 2 } → q89  
 DK ..... &

*If yes*

f) What medical factors were taken into account?

.....  
 .....  
 .....

89a) Until now we have been talking about the actual building that you live in, but we are also interested in your views about the local area.

How happy are you with this local area as a place to live?

Would you say that you were:

Interviewer – refer R to CARD 4

<b>Likearea</b>	Very happy .....	1
	Quite happy .....	2
	Neither happy nor unhappy .....	3
	Quite unhappy .....	4
	Very unhappy .....	5
	Don't know .....	&

b) And could I just check, what do you call your local area?

**Callarea** .....

90) Do you think that any of the following are a problem in this local area? If yes, is it a serious problem or a minor one?

maj min no p. DK

Vandalism	<b>AVandals</b>	1	2	3	&
Litter & rubbish	<b>ALitter</b>	1	2	3	&
Obnoxious (bad) smells/fumes	<b>ASmells</b>	1	2	3	&
Muggings & assaults	<b>Aassult</b>	1	2	3	&
Disturbance from youngsters on the street	<b>AStreet</b>	1	2	3	&
Burglaries	<b>ABurgl</b>	1	2	3	&
Lack of safe place for children to play	<b>ASafekid</b>	1	2	3	&

b) Have you personally ever been a victim of. . .

interviewer – if R has been a victim of any of these things both in this area and other area code 1

		Yes this area	Yes other area	No	DK
Vandalism	<b>Rvandal</b>	1	2	3	&
Mugging or assault	<b>Rassult</b>	1	2	3	&
Burglaries	<b>RBurgl</b>	1	2	3	&

91) How would you rate your local area as far as the following things are concerned? The answers you can give are shown on this card.

(Interviewer – give R CARD 5)

		vg	g	av	b	vb	na	dk
Food shops	<b>rateshop</b>	1	2	3	4	5	8	&
Shop prices	<b>ratepric</b>	1	2	3	4	5	8	&
Public transport	<b>ratetran</b>	1	2	3	4	5	8	&
Access to health services	<b>rateserv</b>	1	2	3	4	5	8	&
Entertainment facilities	<b>rateents</b>	1	2	3	4	5	8	&
Sports facilities	<b>ratespor</b>	1	2	3	4	5	8	&
Schools	<b>rateschl</b>	1	2	3	4	5	8	&
Employment opportunities	<b>rateEmpl</b>	1	2	3	4	5	8	&
Housing	<b>ratehous</b>	1	2	3	4	5	8	&

b) And how important are these things to you?

(Interviewer – give R CARD 6)

		VI	FI	bit impt	NI	DU	DK
Food shops	<b>Impshop</b>	1	2	3	4	5	&
Shop prices	<b>Imppric</b>	1	2	3	4	5	&
Public transport	<b>Imptran</b>	1	2	3	4	5	&
Access to health services	<b>Impserv</b>	1	2	3	4	5	&
Entertainment facilities	<b>Impents</b>	1	2	3	4	5	&
Sports facilities	<b>ImpspoR</b>	1	2	3	4	5	&
Schools	<b>Impschl</b>	1	2	3	4	5	&
Employment Opps	<b>Impempl</b>	1	2	3	4	5	&
Housing	<b>Imphous</b>	1	2	3	4	5	&

I'D LIKE TO MOVE ON NOW TO ASK YOU SOME QUESTIONS ABOUT YOUR EVERYDAY LIFE.

92. How often do you do any of the following?

---

		>1D	1D	4-6	2-3	WK	fnt	mth	3	6	12	,<12	nev	var
<b>Any sports or exercise</b>														
Indoor games	<b>LgamesIn</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Outdoor games	<b>LgamesO</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Visit (s) friend (s)	<b>Lfrvisit</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Have friends round (or in)	<b>Lfrdin</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Watch TV/videos at home	<b>LTV</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Listen to the radio	<b>Lradio</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Read books	<b>Lread</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Go to the pub	<b>Lpub</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Go out to eat/for a meal	<b>Lmeals</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Go to the cinema or theatre	<b>Lcinema</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
See relatives that don't live with you	<b>Lrelatv</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Bingo or betting on the horses and so on	<b>Lbingo</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Local government, trade union, or political work	<b>Lpolitic</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Voluntary social work	<b>Lvol</b>	01	02	03	04	05	06	07	08	09	10	11	12	13

---

How often do you go to church services or go to religious activities:

Weekly of more often	1	<b>Lchurch</b>
At least once a month	2	
Several times a year	3	
Less than once a year	4	
Never except for special occasions such as funerals, marriages etc	5	
Never	6	

93) On average, how many hours a day do you spend watching television at home?

Hours   && Minutes.....   &&

**hrsTV**

**[minsTV]**

94a) Are you a member of any club or other organisation?  
Please include any that you mentioned in the last question.  
Interviewer – read through whole list as prompt

**cluborg**

Yes ..... 1  
No ..... 2  
Don't know ..... & ] → q95

b) What type of club or other organisation are you a member of?  
Interviewer – Remember to include any memberships mentioned in response to the previous question.

		Yes	No		Highly inv.	Fairly inv.	Not Very / inv.	D / K
Sport club (specify)	<b>CSport</b>	1	2	&	<b>CSport1</b>	1	2	3 &
Sport's supporters club (specify)	<b>CSuport</b>	1	2	&	<b>CSuport1</b>	1	2	3 &
Political party (specify)	<b>Cpolitic</b>	1	2	&	<b>Cpolitic1</b>	1	2	3 &
Trade union or pressure group (specify)	<b>CTradeU</b>	1	2	&	<b>CTradeU1</b>	1	2	3 &
Volunteer group (specify)	<b>CVolgp</b>	1	2	&	<b>CVolgp1</b>	1	2	3 &
Music/drama/art group/society	<b>CCult</b>	1	2	&	<b>CCult1</b>	1	2	3 &
Other (specify) &	<b>CotheR</b>	1	2	&	<b>CotheR1</b>	1	2	3

c) And how involved would you say you are? would you say highly (or very) involved(1), fairly involved(2), or not very involved(3)?  
(Interviewer – code 1, 2 or 3 in table above for each club/organisation which R is involved with)

95a) Do you have any pets (in the household)?

**Anypets**

Yes .....	1
No .....	2
Don't know .....	&

→

b) What pets do you have?

		Yes	No	DK
Dog	<b>Dog</b>	1	2	&
Cat	<b>Cat</b>	1	2	&
Bird	<b>Bird</b>	1	2	&
Rabbit	<b>Rabbit</b>	1	2	&
Small rodent (mice, hamsters etc)	<b>Rodents</b>	1	2	&
Fish	<b>Fish</b>	1	2	&
Other (specify)	<b>Otherpet</b>	1	2	&

STILL THINKING ABOUT YOUR EVERYDAY LIFE. . .

96) What part of your day-to-day life is it that uses most of your physical energies?  
 Interviewer – circle one code only

**EnergyP**

Paid work .....	1
Work around the house .....	2
Children .....	3
Sport/leisure/hobbies .....	4
Personal relationships .....	5
Other (specify) .....	6
Don't know .....	&

97) What part of your day-to-day life is it that uses most of your emotional energies?  
 Interviewer – circle one code only

**EnergyE**

Paid work .....	1
Work around the house .....	2
Children .....	3
Sport/leisure/hobbies .....	4
Personal relationships .....	5
Other (specify) .....	6
Don't know .....	&

98) Do you feel that you get enough time to really relax?

**txrelax** Yes .....1  
 No .....2  
 Don't know .....&

99) What affects what you do in your leisure (spare) time. Here is a set of cards and I would like you to arrange them in order, putting the thing that most affects what you do first, then the next most important second, and so on, so that the least important comes last.

Interviewer – give R set of cards and when s/he has sorted them into order, take them back and write the rank number by each item (equal ranks allowed)

<b>LSort</b>	Rank number
<b>LSort1</b>	The amount of time I have .....
<b>LSort2</b>	Getting babysitters/childcare.....
<b>LSort3</b>	Lack of leisure facilities .....
<b>LSort4</b>	Transport difficulties .....
<b>LSort5</b>	Not having enough energy.....
<b>LSort6</b>	Work commitments .....
<b>LSort7</b>	Money.....

100a) When was the last time that you had a holiday away from home?

**whenhol** This year (1987) ..... 1  
 Last year (1986) ..... 2  
 1985..... 3  
 1984..... 4  
 1983..... 5  
 1982..... 6  
 Before 1982..... 7  
 Don't know..... &

b) How good a break did you find that it was from things?

**holgood** Very good ..... 1  
 Fairly good..... 2  
 Not very good ..... 3  
 Not good at all ..... 4  
 Don't know..... &

TURNING NOW TO THINK ABOUT YOUR IMMEDIATE FAMILY



101a) Do you have any brothers or sisters (or people who were brought up as your brothers and sisters in your family)?

**Siblings**

Yes .....  
 No.....  
 DK .....

$\left. \begin{array}{c} 1 \\ 2 \\ \& \end{array} \right\} \rightarrow q$

*If yes*

b) How many brothers and sisters do you have. . . . how many of them are older and how many are younger than you.  
 (Enter number in grid below. If none, enter 0)

	older <b>oldbroth</b>	younger <b>ygbroth</b>	Total
Brother(s)	& <input type="checkbox"/>	& <input type="checkbox"/>	
Sister(s)	& <input type="checkbox"/> <b>oldsis</b>	& <input type="checkbox"/> <b>ygsis</b>	

c) How many of your . . . . . live within 10 minutes of your home, and how many live within half an hour of your home.  
 Interviewer – Enter number in grid below. If none, enter 0

		within 10 mins		within 30 mins		further away
i) brothers and sisters	<b>sib10</b>	& <input type="checkbox"/>	<b>sib30</b>	& <input type="checkbox"/>	<b>sibF</b>	& <input type="checkbox"/>
ii) parents	<b>parent10</b>	& <input type="checkbox"/>	<b>parent30</b>	& <input type="checkbox"/>	<b>parentF</b>	& <input type="checkbox"/>
iii) parents-in-law	<b>piL10</b>	& <input type="checkbox"/>	<b>piL30</b>	& <input type="checkbox"/>	<b>piLF</b>	& <input type="checkbox"/>
iv) Close friends	<b>friend10</b>	& <input type="checkbox"/>	<b>friend30</b>	& <input type="checkbox"/>	<b>friendf</b>	& <input type="checkbox"/>





102a) And how often do you see your family and friends. . . . For example, how often do you see your. . . .

Interviewer – If has several in each category, and sees them a variable amount, ask about the one in that category that they see most frequently

NB. 'parents' refers here again to 'social parents'.

		>1D	1D	4-6	2-3	WK	FNT	MTH	3	6	12	<12	NEV	VAR
Brothers	<b>Seebroth</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Sisters	<b>SeeSiS</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Parents	<b>SeepaR</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Parents-in-law	<b>Seepil</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Close friends	<b>Seefrd</b>	01	02	03	04	05	06	07	08	09	10	11	12	13

b) Are you (personally) in contact with them any other way, for example, by phone or by letter? For example, how often are you in touch with them, either because they write or phone you, or because you get in touch with them.

		>1D	1D	4-6	2-3	WK	FNT	MTH	3	6	12	<12	NEV	VAR
Brothers	<b>telbroth</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Sisters	<b>telsis</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Parents	<b>telpaR</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Parents-in-law	<b>telpiL</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
Close friends	<b>telfrd</b>	01	02	03	04	05	06	07	08	09	10	11	12	13

103a) How close do you feel to your . . . . . ? Would you say, very close indeed, quite close, not very close, or not close at all?  
 Interviewer – If R has several in any of these categories code for the one that R feels closest to

		Very close	Qu close	Not very close	Not at all close	Don't have
Brothers	<b>Closebro</b>	1	2	3	4	8
Sisters	<b>Closesis</b>	1	2	3	4	8
Parents	<b>ClosepaR</b>	1	2	3	4	8
Parents in law	<b>ClosepiL</b>	1	2	3	4	8
[Spouse or partner	<b>CloseSP</b>	1	2	3	4	8

104a) Thinking of your (closest friends etc) . . . . . , roughly how many of them smoke?

		None	A few	1/2 & 1/2	Most	Alm. all
Closest friends	<b>CigfRd</b>	1	2	3	4	5
Close family	<b>Cigfam</b>	1	2	3	4	5
The people you work with	<b>Cigcoll</b>	1	2	3	4	5

THINKING NOW OF WORK THAT HAS TO BE DONE AROUND YOUR OWN HOME. . . \* ✓

Interviewer – Ask either Q105 or Q106 of all respondents  
 If respondent is not in any kind of paid work:

105) On average, about how many hours do you spend on the household tasks (like cleaning, cooking, repairs around the house, washing) . . . . ?  
 (Interviewer – Code in minutes. If R says don't know, encourage R to make a rough estimate)

a) on weekdays no. of mins  
   &&& HDomlab1

b) on weekend days no. of mins  
   &&& HDomlab2

→ q107

If R is in paid work:

106) On average, about how many hours do you spend on household tasks (like cleaning, cooking, repairs around the house, washing) . . . . ?  
 (Interviewer – Code in minutes. If R says don't know, encourage R to make a rough estimate)

a) on days when you are at work no. of mins  
   &&& JDomlab1

b) on days when you are not at work no. of mins  
   &&& JDomlab2

If R is living with a spouse or partner ask:

107) And still thinking about housework (childcare) and things that need to be done around the house/flat, who does most of the following things . . . . .  
 (Give R response CARD 7)

		I do it all	I do most	We do equal	S/P does most	S/P does all	Neither do it Oth (spec)	Don't do	D K
Food shopping	<b>DLshop</b>	1	2	3	4	5	6	7	&
Planning and cooking meals	<b>DLcook</b>	1	2	3	4	5	6	7	&
Painting or decorating	<b>DLDecor</b>	1	2	3	4	5	6	7	&
Minor household repairs	<b>DLrepair</b>	1	2	3	4	5	6	7	&
Handling of bills	<b>DLbills</b>	1	2	3	4	5	6	7	&
Vacuuming the house/flat	<b>DLvacu</b>	1	2	3	4	5	6	7	&
Cleaning the house/flat	<b>DLclean</b>	1	2	3	4	5	6	7	&
Washing the dishes(washing up)	<b>DLDishes</b>	1	2	3	4	5	6	7	&
Washing clothes and ironing	<b>DLIron</b>	1	2	3	4	5	6	7	&
Taking care of the children	<b>DLkids</b>	1	2	3	4	5	6	7	&
Playing with the children	<b>DLplay</b>	1	2	3	4	5	6	7	&
Disciplining the children	<b>DLDiscip</b>	1	2	3	4	5	6	7	&

I'D LIKE TO MOVE ON NOW ON NOW TO ASK YOU SOME QUESTIONS ABOUT STRESS AND HOW YOU COPE WITH IT.

108) I'm going to read out a list of ways which some people have said that they cope with stress and I'd like you to say how helpful you find that each of these ways is for coping with stress yourself?

What about . . . . . , would you say you found it very helpful, quite helpful, or not helpful at all as a way of coping with stress?

Interviewer – Give R CARD 8 (Rotate starting order and tick starting place)

		Very helpful	Quite helpful	Not helpful at all	NA	DK	
a	Trying to forget about or ignore worrying problems	<b>copignor</b>	1	2	3	8	&
b	Resting and relaxing	<b>coprest</b>	1	2	3	8	&
c	Having a cup of tea or coffee	<b>coptea</b>	1	2	3	8	&
d	Having a(n alcoholic) drink	<b>copdrink</b>	1	2	3	8	&
e	Talking to someone	<b>coptalk</b>	1	2	3	8	&
f	Taking some exercise	<b>copexerc</b>	1	2	3	8	&
g	Visiting the doctor	<b>copDR</b>	1	2	3	8	&
h	Spending more time working	<b>copwork</b>	1	2	3	8	&
l	Having a cigarette	<b>copcigs</b>	1	2	3	8	&
j	Eating more	<b>copeat</b>	1	2	3	8	&
K	Taking tablets	<b>coptabl</b>	1	2	3	8	&
l	Keeping busy	<b>copbusy</b>	1	2	3	8	&
m	Religious activities or prayer	<b>coppray</b>	1	2	3	8	&



109) Are you the kind of person who confides in others or talks to others about their problems or things which are bothering them?

**confide** Yes .....1  
 No.....2 →q109  
 Don't know.....& →q110]

b) So, would you say that you did this. . . . .

**confide1** A great deal .....1  
 Quite a lot .....2  
 A fair amount .....3 →q111  
 .....4  
 Don't know.....&

c) So, would you say you did this . . . . .

**confide2** Not very much .....4  
 Very little .....5  
 Not at all.....6  
 Don't know.....&

110a) Is there anyone that you can turn to when something is bothering you or when you are feeling low?

**turnto** Yes.....1  
 No.....2  
 Don't know.....&

b) For example, who would you turn to first if you had . . . . .? . . . . .?

		S/P	Oth fam.	Close frien	Coll.	Oth (spec	D K
i financial problems	<b>Supm</b>	1	2	3	4	5	&
ii problems with your health	<b>Suphlth</b>	1	2	3	4	5	&
iii problems with work	<b>Supwork</b>	1	2	3	4	5	&
iv problems with your S/P	<b>SupSp</b>	1	2	3	4	5	&
v problems with your immediate family	<b>Supfam</b>	1	2	3	4	5	&

111) Some people worry much more than others. Which of the following statements would you say describes you best (in this respect) . . . .

**worry**

- I never worry no matter how bad things get 1
- I worry about the big problems, but don't worry much about anything else 2
- I am just the worrying type 3
- Don't know &

112a) I'd like you to think of your life as a whole for a moment. Would you say that, on the whole, life has been good to you?

**Lifegood**

- Yes .....1
- No .....2
- D.K. ....&

b) So, if I asked you to put that on a scale from 1 to 5 (with 5 being very good), where would you put yourself?  
Interviewer – circle appropriate number, below.

- 1.....2.....3.....4.....5 &

**Ranklife**

113) LIFE EVENTS

Could you please look through this list of changes which sometimes happen in people's lives. Please could you tick all of those which have happened to YOU DURING THE LAST YEAR .

Interviewer – When R has finished reading through and ticking the list, see if any have been ticked and ask about adjustment score.

I'M NOW GOING TO ASK YOU A FEW QUESTIONS ABOUT WHAT YOU DRINK. \*

114a) Do you ever drink alcohol nowadays, including drinks you brew or make at home?

**Drinknow**

Yes.....	1	➔q115
No.....	2	
Don't know.....	&	➔q115

*If no,*

b) Could I just check, does that mean that you never have a drink nowadays, or do you have a drink very occasionally, perhaps for medicinal purposes or on special occasions like Christmas or hogmanay?

**Drinkocc**

Very occasionally.....	1	➔q115
Never.....	2	
Don't know.....	&	➔q115

*If never,*

c) Have you ever drunk alcohol?

**drinkeve**

Used to drink occasionally.....	1	
Used to drink regularly.....	2	
Never drunk alcohol.....	3	➔q118
Don't know.....	&	

d) Why do you no longer drink alcohol?

➔q

115) I'm going to read a few descriptions about the amounts people drink, and I'd like you to say which one fits you best. Would you say that you:

**drinkme**

Hardly drink at all.....	1
Drink a little.....	2
Drink a moderate amount.....	3
Drink quite a lot.....	4
Drink heavily.....	5
Don't know.....	&



116a) Thinking of last week. How much . . . did you drink LAST WEEK?  
 Interviewer – Complete frequency of consumption for each kind of drink in table below.  
 Interviewer – If R drank none of any of the following write 00 in the box.

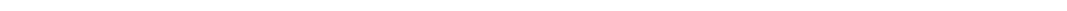
DK

<b>Lager</b>	Lager..... pint	&&	
<b>Beer</b>	Beer..... Pint	&&	<input type="checkbox"/> <input type="checkbox"/>
<b>Stout</b>	Stout..... Pint	&&	<input type="checkbox"/> <input type="checkbox"/>
<b>Shandy</b>	Shandy..... Pint	&&	<input type="checkbox"/> <input type="checkbox"/>
<b>CideR</b>	Cider..... Pint	&&	<input type="checkbox"/> <input type="checkbox"/>
<b>Spirits</b>	Spirits..... Single	&&	<input type="checkbox"/> <input type="checkbox"/>
<b>Liqueurs</b>	Liqueurs..... Single	&&	<input type="checkbox"/> <input type="checkbox"/>
<b>Sherry</b>	Sherry or Martini..... Glass	&&	<input type="checkbox"/> <input type="checkbox"/>
<b>Wine</b>	Wine..... Glass	&&	<input type="checkbox"/> <input type="checkbox"/>
<b>drinkels</b>	Anything else.....	&&	<input type="checkbox"/> <input type="checkbox"/>

b) So could you just think back over the week again. Now that we've gone through the whole list are there any things which you've forgotten?  
 Interviewer – If R remembers anything else, amend last week's consumption in the table above before moving on to the next question.

c) And would you say that the amount you drank last week was fairly typical of what you would usually drink in a week, or would you say that it was more or less than you would usually drink?

<b>drinkAV</b>	Drank much less than usual.....	1
	Drank about half as much as usual.....	2
	.....	3
	Drank about as much as usually do.....	4
	.....	5
	Drank about twice as much as usual.....	6
	Drank much more than usual.....	7
	Don't know.....	&







117) Different people like to drink in different places. How often do you drink. . . . .

		>1D	1D	4-6	2-3	WK	FNT	MTH	3	6	12	<12	NEV	VAR
At home with S/P or friends	<b>DHome</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
At home by yourself	<b>DSelf</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
At friends' houses	<b>Dfriend</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
In pubs/wine bars	<b>Dpubs</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
In social clubs/sport clubs	<b>Dclubs</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
In restaurants/cafes	<b>Dcafe</b>	01	02	03	04	05	06	07	08	09	10	11	12	13
In any other places (specify)	<b>DotheR</b>	01	02	03	04	05	06	07	08	09	10	11	12	13

118) What do you think are the good things about drinking?  
Interviewer – If R mentions several things, ask him/her to say which s/he thinks is the most important.

(see GDRNK1 to GDRNKM)

119) What do you think are the bad things about drinking?  
Interviewer – If R mentions several things, ask him/her to say which s/he thinks is the most important.

(see BDRNK1 to BDRNKM)



NOW I WOULD LIKE TO ASK YOU SOME QUESTIONS ABOUT SMOKING, STARTING FIRST WITH CIGARETTE SMOKING

120) I'm going to read a few descriptions about the amounts people smoke, and I'd like you to say which one fits you best.

**Cigs**

- I have never smoked..... 1
- I only tried smoking once or twice..... 2
- I used to smoke but have completely given up..... 3
- I smoke now, but only occasionally..... 4
- I smoke regularly ..... 5
- Don't know..... &

121) Can people smoke in your place of work?

**Cigwork**

- Yes, but only in special areas ..... 1
- Yes, anywhere..... 2
- No, not at all ..... 3
- Not in paid work..... 8
- Don't know..... &

Interviewer –  
 Never-smokers go to q128 (good things about smoking)  
 Ex-smokers go to q127

*If currently smokes (ie code 4 or 5 in q120)*

122a) What sort of cigarettes do you usually smoke?

**CigFilt**

- Filter tipped..... 1
- Plain (untipped)..... 2
- Handrolled ..... 3
- Don't know..... &

b) How many cigarettes do you usually smoke (in a week)?  
 (Interviewer – work from number per day and multiply up to get weekly total)

**NCigs**

Number of cigs per week .....    &&&

*Current smokers of hand-rolled cigarettes only*  
 c) How many ounces of roll-your-own tobacco do you use per week?

**Cigtobac** Number of ounces.....   &&

d) What brand of cigarettes or tobacco do you usually smoke?

**Cigbrand** Name of brand.....

e) Do you usually inhale the smoke?

**CiginH** Yes.....1  
 No .....2  
 Don't know.....&

*Regular and occasional current smokers only.*  
 123a) Have you ever tried to give up smoking altogether?

**Cigstop** Yes.....1  
 No .....2  
 Don't know.....& } → q124

*If yes,*  
 b) What is the longest time that you managed to give up smoking all together?

..... **cigstopd**  
**txcigstp** Less than one month (no of days.....   )&&  
 Months   && **cigstopm** Years   && **cigstopy**

c) Why did you start smoking again?

(see CIGAGAIN)

124) Do you ever smoke at work?

**Rcigwork** Frequently .....1  
 Sometimes .....2  
 Occasionally .....3  
 Never.....4  
 Don't work .....8  
 Don't know.....&

125) Which of the following statements best describes your thoughts about smoking in the future?

- Cigfutur**
- I will probably smoke all my life..... 1
  - I will probably stop smoking in the future..... 2
  - I will probably stop smoking quite soon ..... 3
  - I am trying to stop now ..... 4
  - Don't know..... &

*Ever smokers*

*ie. current smokers (regular or occasional) & ex-smokers*

126a) How old were you when you started smoking?

**CigAge** Age in years.....   &&

b) What is the maximum number of cigarettes that you have regularly smoked in a day?

**Cigmax** Number per day .....    &&&

Interviewer – current smokers go to q128.

*Ex-smokers only*

127a) Did you manage to stop smoking cigarettes the first time that you tried to give up?

- Cigexfst**
- Yes..... 1
  - No ..... 2
  - Don't know..... & → q

b) What prompted you to give up smoking?  
Interviewer – If R mentions several things, ask him/her to say which s/he thinks is the most important.

\*

c) How old were you when you managed to stop smoking for good?

**Agecstop** Age in years.....   &&

d) Which of the following statements do you think describes you best?

- I will never smoke again ..... 1
- I may smoke the occasional cigarette ..... 2
- I will probably smoke again in the future ..... 3
- Don't know ..... &

**Cigfutur**

---

128) What do you think are the good things about smoking?  
Interviewer – If R mentions several things, ask him/her to say which s/he thinks is the most important.

**(See GSMOK1 to GSMOKM)**

---

129) What do you think are the bad things about smoking?  
Interviewer – If R mentions several things, ask him/her to say which s/he thinks is the most important.

**(see BSMOK1 to BSMOKM)**

---

ALL - CIGAR SMOKING

Interviewer - This includes both current and ex/past cigar smokers.

130a) Have you ever smoked cigars?

**CigaR** Yes.....1  
 No .....2 →q  
 Once or twice only.....3  
 Don't know.....&→q

b) Do you smoke cigars at present?

**Cigarnow** Yes.....1  
 No .....2  
 Don't know.....&

Interviewer - ask question c - f of everyone who has ever regularly (ex -and current) smoked cigars.

c) Do (did) you smoke cigars regularly, that is, at least one cigar a day?

**Cigarreg** Yes.....1  
 No .....2  
 Don't know.....&

d) How many cigars do (did) you smoke in a week?

**NCigaR** Number per week .....    &&&

e) Do (did) you inhale the smoke (take it into your lungs)?

**CigarinH** Yes.....1  
 No .....2  
 Don't know.....&

f) How old were you when you first started to smoke cigars?

**AgeCigR** Age started (in years).....   &&

*Ex-cigar smokers only*

g) When did you stop smoking cigars?

**Acigarst** Age stopped (in years).....   &&

---

All - PIPE SMOKING

Interviewer - This includes both current and ex/past pipe smokers.

131a) Have you ever smoked a pipe?

**pipe**

Yes.....	1
No.....	2 → q132
Once or twice only.....	3
Don't know.....	& → q132

b) Do you smoke a pipe at present?

**pipenow**

Yes.....	1
No.....	2
Don't know.....	&

Interviewer - ask questions c - f of everyone who has ever (ex and current) regularly smoked a pipe.

c) Do (did) you smoke a pipe regularly, that is, at least one bowl of tobacco a day?

**pipereg**

Yes.....	1
No.....	2
Don't know.....	&

d) How many ounces of pipe tobacco do (did) you smoke in a week?

**ozpipe**                      Number per week.....   &&

e) Do (did) you inhale the smoke (take it into your lungs)?

**pipeinH**

Yes.....	1
No.....	2
Don't know.....	&

f) How old were you when you first started to smoke a pipe?

**Agepipe**                      Age started (in years).....   &&

*Ex-pipe smokers only*

g) When did you stop smoking pipe?

**Apipestp**                      Age stopped (in years).....   &&

---

AND NOW COULD I JUST ASK YOU A FEW QUESTIONS ABOUT YOUR DIET. \*

132a) Has your diet changed over the last 10 years?

**Dietchg** Yes.....1  
 No.....2  
 Don't know.....& →q

*If yes,*  
 b) In what ways has your diet changed?  
 .....  
 .....

133a) Are there any foods you do not eat or drink because of your beliefs or circumstances, such as for medical, personal or religious reasons?

**foodnot** Yes.....1  
 No.....2  
 Don't know.....& →q

*If yes*  
 b) Why is this?  
 Interviewer – prompt if necessary. Code all that apply

		Yes	No	DK
<b>fmedical</b>	Specific medical condition (specify).....	1	2	&
<b>flosewt</b>	To lose weight.....	1	2	&
<b>fgainwt</b>	To gain weight.....	1	2	&
<b>frelig</b>	Religious prohibition.....	1	2	&
<b>fvegit</b>	Vegetarian.....	1	2	&
<b>fvegan</b>	Vegan.....	1	2	&
<b>fother</b>	Other (specify).....	1	2	&

134) On how many days of the week do you eat the following meals?

		<u>Days of week</u>							Less than 1 per week	D K	
Breakfast	<b>Brekfast</b>	7	6	5	4	3	2	1	0	8	&
Midday meal/lunch	<b>lunch</b>	7	6	5	4	3	2	1	0	8	&
Evening meal/tea	<b>Evemeal</b>	7	6	5	4	3	2	1	0	8	&



Interviewer – Ask of all Rs who do not live alone.  
 135) How often do the people in your household sit down for a meal together at home?

<b>Sitdown</b>	More than once a day .....	01
	At least once a day .....	02
	4-6 times a week .....	03
	2-3 times a week .....	04
	At least once a week .....	05
	At least once a fortnight .....	06
	At least once a month .....	07
	At least once every 3 months .....	08
	At least once every 6 months .....	09
	At least once a year .....	10
	Less than once a year .....	11
	Never .....	12
	Varies too much to say .....	13
Don't know .....	&&	

136a) How often do you get a carry-out or something to eat from a take-away?

<b>Carryout</b>	More than once a day .....	01
	at least once a day .....	02
	4-6 times a week .....	03
	2-3 times a week .....	04
	At least once a week .....	05
	At least once a fortnight .....	06
	At least once a month .....	07
	At least once every 3 months .....	08
	At least once every 6 months .....	09
	At least once a year .....	10
	Less than once a year .....	11
	Never .....	12 → q137
	Varies too much to say .....	13
Don't know .....	&&	

b) What do you usually get?

- i) Most often it is .....
- ii) Next most often it is .....

137) What sort of bread do you usually eat?

<b>bread</b>	White .....	1
	Granary/wheatmeal.....	2
	Wholemeal .....	3
	Brown (don't know what sort) .....	4
	Crispbread.....	5
	Pitta bread.....	6
	Nan/chapatti/roti.....	7
Don't eat bread .....	8 → q	
Don't know .....	&	

b) How long have you been eating this sort of bread?

<b>txbread</b>	Number of months.....	<input type="checkbox"/> <input type="checkbox"/> ..&&
	Number of years.....	<input type="checkbox"/> <input type="checkbox"/> ..&&

**txbreadm**  
**txbready**

138a) Do you usually spread soft margarine, hard margarine or butter on bread?

<b>onbread</b>	Butter.....	1
	Hard margarine .....	2
	Soft margarine .....	3
	(specify brand) .....	4
	Other (specify) .....	5
	Nothing .....	8 → q
	Don't eat bread .....	&
Don't know .....	&	

b) Do you spread this

<b>thicknes</b>	Thick.....	1
	medium .....	2
	thin.....	3
	or just a scrape .....	4
	Don't know .....	&

139) What sort of milk do you usually drink or use in tea and coffee and so on?

<b>Milk</b>	Pasteurised (ordinary).....	1
	Skimmed or semi-skimmed .....	2
	Other (specify) .....	3
	Don't use milk.....	8
	Don't know .....	&

140) How many cups of tea do you usually drink in a day?

<b>Cupstea</b>	None.....	0
	One or two.....	1
	3 or 4.....	2
	5 or 6.....	3
	More than 6.....	4
	Don't know .....	&

141) How many cups of coffee do you usually drink in a day?

<b>Cupscoff</b>	None.....	0
	One or two.....	1
	3 or 4.....	2
	5 or 6.....	3
	More than 6.....	4
	Don't know .....	&

142) What things affect the types of food that you eat? Here is a set of cards and I would like you to arrange them in order, putting the thing the that most affects what you eat first, then the next most important second, and so on, so that the least important comes last.

Interviewer – give R cards and when s/he has sorted them into order, take them back and write the rank number by each item (equal ranks allowed)

Rank number

**Foodsort (fodsort1 – fodsort6)**

- Personal taste or preference .....
- Money .....
- What others in the household like .....
- Habit.....
- Convenience.....
- Availability.....

NOW TURNING TO SOME OF YOUR OPINIONS JUST BEFORE WE FINISH

- 143) Now I'm going to read out some opinions which people in Britain often discuss. They are almost all about family life, and some people agree with them and some people disagree with them. We would like to know your opinion.  
Refer R back to CARD 1.

	as	ja	a nor d	jd	ds	DK	
Some equality in marriage is a good thing, but by and large the husband ought to have the main say-so in family matters	<b>OEqual</b>	1	2	3	4	5	&
Women rather than men should look after relatives who need care	<b>Ocarer</b>	1	2	3	4	5	&
A husband's job is to earn the money; a wife's job is to look after the home and family	<b>OEarner</b>	1	2	3	4	5	&
Parents with unhappy marriages should <u>not</u> stay together for the sake of their children	<b>Ostaytog</b>	1	2	3	4	5	&
It's unnatural for a woman <u>not</u> to want any children	<b>Owkid</b>	1	2	3	4	5	&
Decisions about family planning should be shared equally between the man and the woman	<b>Ofplan</b>	1	2	3	4	5	&
Responsibility for family planning falls too much on women	<b>Orespfp</b>	1	2	3	4	5	&
Its unnatural for a man <u>not</u> to want any children.	<b>OMkid</b>	1	2	3	4	5	&
Abortion is wrong under any circumstance	<b>Oabort1</b>	1	2	3	4	5	&
Abortion is wrong unless the mother's life is at risk or the baby is likely to be handicapped	<b>Oabort2</b>	1	2	3	4	5	&
People depend too much on the welfare state and not enough on themselves for their welfare	<b>Owelfare</b>	1	2	3	4	5	&
If you are really determined it is possible to get a job	<b>Ojob</b>	1	2	3	4	5	&
Success in life is largely a question of hard work	<b>Osuccess</b>	1	2	3	4	5	&
The Government should help people to get jobs where they live rather than expecting them to move to get work	<b>Ogovnt</b>	1	2	3	4	5	&

---

144a) How important is religion in your life? Is it. . . .

<b>religion</b>	Very important.....	1
	Quite important .....	2
	A little bit important .....	3
	Not important.....	4
	Don't know .....	&

---

b) What religious group or church to you belong to, if any?

<b>church</b>	Protestant.....	
	Church of Scotland.....	01
	Episcopal/Church of England.....	02
	Free Church.....	03
	Free Presbyterian.....	04
	Methodist.....	05
	Baptist.....	06
	Other Prot. (specify).....	07
	Protestant unspecified.....	08
	Roman Catholic.....	09
	Other Christian (specify).....	10
	Christian Unspecified.....	11
	Jewish.....	12
	Muslim/Islam.....	13
	Hindu.....	14
	Buddhist.....	15
	Sikh.....	16
	Other (specify).....	17
Atheist/agnostic/None.....	18	
Don't know.....	&&	

---

145a) Generally speaking, do you think of yourself as a supporter of any one political party?

**polparty** Yes .....1 →  
 No.....2  
 DK.....&

*If no or don't know*

b) Do you think of yourself as a little closer to one political party than to the others?

**closepol** Yes .....1  
 No.....2  
 .....  
 DK.....& →

*If yes to either part a or part b above, ask both c and d:*

c) Which one?  
 Interviewer – record in table below and ask d

d) If there were a general election tomorrow, which political party would you be most likely to support (vote for)?

Supports  
(c above)                      Would vote  
for tomorrow  
(d above)

Labour	<b>polsupp</b>	1	1	<b>vote</b>
Liberal		2	2	
SDP/Social Democrat		2	2	
Alliance		2	2	
Conservative		3	3	
SNP		4	4	
Other (specify)		5	5	
Refused			6	
Wouldn't vote			8	
Don't know			&	

AND FINALLY, ONE OF THE THINGS WHICH AFFECTS MANY ASPECTS OF PEOPLE'S LIVES, INCLUDING THEIR HEALTH, IS MONEY. AS THE LAST THING, COULD I ASK YOU A FEW QUESTIONS ABOUT THIS.

146) Thinking of your household. How difficult is it to make ends meet? If I asked you to put yourself on a scale from 1 to 5, with 1 being impossible and 5 being very easy, where would you put yourself.

1.....2.....3.....4.....5      &      **Endsmeet**

---

147). Thinking of the future, how much do you feel that your present income (and savings, if you have any) give you a sense of security? Would you say that you felt. . . . .

**Security**

Very secure .....1  
 Fairly secure.....2  
 Fairly insecure.....3  
 Very insecure .....4  
 Don't know .....&

---

148 Still thinking for a moment about income, I wonder if you could tell me roughly how much the total net income of your household is. I have here a card with some different ranges of income. In which of these ranges does your household income fall? please include any benefits or social security payments that you get. I would just like to stress again that this information is of course completely confidential.

Interviewer – Give R CARD 9 and code appropriate number, below. Ask him/her to use the weekly or monthly figure, whichever is easiest for him/her.

WEEKLY			MONTHLY	
<50	<b>&lt;40</b>	a 01	<214	<b>HHincome</b>
50-99	<b>40-59</b>	b 02	215-434	
100-149	<b>60-79</b>	c 03	435-649	
150-199	<b>80-99</b>	d 04	650-864	
200-249	<b>100-129</b>	e 05	865-1084	
250-299	<b>130-159</b>	f 06	1085-1299	
300-349	<b>160-199</b>	g 07	1300-1514	
350-399	<b>200-249</b>	h 08	1515-1729	
400-449	<b>250-299</b>	i 09	1730-1949	
450-499	<b>300-349</b>	j 10	1950-2164	
500 & Over	<b>350+</b>	k 11	2165&Over	
Don't Know		&	Don't Know	

---

**(source1 – source10)**

b) And what is the source of the income. Here's a list of sources of people's household income. Would you say which of these have been the sources of income of the household over the last 12 months.

Interviewer – Show CARD 10 and ask the respondent to read out all that apply.

- |   |  |
|---|--|
| <p><u>Employment</u></p> <ul style="list-style-type: none"> <li>11 Your job</li> <li>12 Spouse/partner's job</li> <li>13 Sibling(s) employment</li> <li>14. Other adult employment</li> <li>15. Casual earnings</li> <li>16. Maint. from ex-spouse</li> </ul> <p><u>Investments etc</u></p> <ul style="list-style-type: none"> <li>21. Invest/priv income</li> <li>22. Annuities/pens from job</li> </ul> <p><u>Non Contributory</u></p> <ul style="list-style-type: none"> <li>- 51. Family Inc. Suppl.</li> <li>- 52. Suppl. Benefits</li> <li>53. One parent benefit</li> <li>54. Child benefit</li> </ul> <p>71. Any other source (please specify).....</p> | <p><u>Contributory Benefits</u></p> <ul style="list-style-type: none"> <li>- 31 Unemployment ben</li> <li>32 Sickness benefit</li> <li>33 Retirement pension</li> <li>34 Widow's pen/allow</li> <li>35. Maternity allow</li> </ul> <p><u>Housing</u></p> <ul style="list-style-type: none"> <li>- 41. Rent/rates rebates</li> <li>- 42. Housing benefit</li> </ul> <p><u>Disability</u></p> <ul style="list-style-type: none"> <li>61. Attendance allow.</li> <li>62. Mobility Allow</li> <li>63. Disability pension</li> <li>64. Invalid care allow.</li> <li>65. Industrial injury benefit.</li> </ul> |
|---|--|

149a). And could I finally ask you about YOUR income from your job that we talked about earlier. Are you paid:

- whenpaid**
- Weekly .....1
  - Monthly.....2
  - Quarterly .....3
  - Other (specify) .....4
  - Self-employed .....5
  - Not working .....8
  - Unknown .....&

b) Would you mind telling me what your average take-home pay is (by take-home pay I mean your net pay after tax, national insurance and pension and other deductions?)

- Rincome1**
- Amount.....        &&&&&&
- per week.....1
  - per month.....2
  - per year.....3
  - Refusal.....7
  - Not working.....8

**Rincwhe**



*If SN refuses or is unable to give exact income ask:*

- c) I appreciate that it might be difficult but I have here a card showing various categories of weekly and monthly incomes. Would you mind telling me in which range your average take home pay comes?

Interviewer - Give R CARD 10 and code appropriate number, below.

WEEKLY		MONTHLY	
<50	a 01	<214	
50-99	b 02	215-434	
100-149	c 03	435-649	
150-199	d 04	650-864	
200-249	e 05	865-1084	
250-299	f 06	1085-1299	
300-349	g 07	1300-1514	
350-399	h 08	1515-1729	<b>Rincome2</b>
400-449	i 09	1730-1949	
450-499	j 10	1950-2164	
500 & Over	k 11	2165&Over	
Don't Know	&&	Don't Know	

THAT IS THE END OF THIS INTERVIEW NOW. I'D JUST LIKE TO SAY AGAIN HOW GRATEFUL WE ARE TO YOU FOR TAKING PART IN THIS SURVEY. AS YOU KNOW, WE WOULD LIKE THE NURSE TO VISIT YOU JUST TO TAKE A FEW SIMPLE MEASURES AND TO ASK YOU SOME QUESTIONS ABOUT YOUR HEALTH HISTORY.

WHEN WOULD BE A GOOD TIME OF THE DAY OR WEEK TO COME?

Interviewer – record as much details as possible about best days of the week and times of day for interview, and best times for contacting R to help the nurse interviewer.

WOULD YOU MIND FILLING IN THESE SHORT SELF-COMPLETION ITEMS AND GIVING THEM TO HER WHEN SHE COMES.

THANK YOU AGAIN FOR YOUR HELP

Time interview completed

--	--	--	--

**txfinish**

**Txfinhrs**

**txfinmin**

Interviewer Questionnaire

1. What type of accommodation does the respondent occupy?
- |               |                                      |    |
|---------------|--------------------------------------|----|
|               | House;detached (bungalow, villa etc) | 01 |
|               | House;semi detached                  | 02 |
|               | House;terraced                       | 03 |
| <b>homety</b> | flat; 4 in a block                   | 04 |
|               | flat; in tenement (standstone)       | 05 |
|               | flat; low rise (<5 floors)           | 06 |
|               | flat; high rise (5 or more floors)   | 07 |
|               | flat; villa/terrace conversion       | 08 |
|               | other (specify)                      | 09 |
2. What is the level of the household's accommodation?
- |               |   |   |
|---------------|---|---|
| <b>HLevel</b> | all on ground floor, or ground & others | 1 |
|               | all in basement                         | 2 |
|               | all on first or higher floor            | 3 |
- Interviewer- if on 1<sup>st</sup> floor or higher (ie code 3 above)
- 2a. What is the actual floor of entry to household's accommodation?
- floor**      \_\_\_/\_\_\_
3. Are there any of the following means of access to the household's accommodation?
- |               |                                      | Yes | No |
|---------------|--------------------------------------|-----|----|
| <b>Deck</b>   | Deck                                 | 1   | 2  |
| <b>Exstep</b> | external stairs with 6 or more steps | 1   | 2  |
| <b>Instep</b> | internal stairs with 6 or more steps | 1   | 2  |
| <b>Lift</b>   | lift                                 | 1   | 2  |
4. Any evidence of damp, mould or condensation?
- |                |          |   |
|----------------|----------|---|
| <b>anydamp</b> | yes..... | 1 |
|                | no.....  | 2 |
5. General state of repair inside,
- |              |           |   |
|--------------|-----------|---|
| <b>Inrep</b> | Excellent | 1 |
|              | very good | 2 |
|              | good      | 3 |
|              | fair      | 4 |
|              | poor      | 5 |
|              | very poor | 6 |

6. General state of repair outside (i.e., outside of building and common parts of building,

	Excellent	1
<b>Inrepo</b>	very good	2
	good	3
	fair	4
	poor	5
	very poor	6

7. Who was present during the interview apart from the respondent?  
(ring all that apply)

		Yes	No
<b>pressp</b>	Spouse/partner	1	2
<b>preskidn</b>	child(ren)	1	2
<b>presmon</b>	mother	1	2
<b>presfan</b>	father	1	2
<b>pressibn</b>	sibling(s)	1	2
<b>presHMn</b>	other household members	1	2
<b>presothn</b>	other non-household members (specify)	1	2

**Npresn** total number of persons present

8. Was there a language problem during the interview?

	Yes (describe)	1
<b>lang</b>	No	2

9. Do you feel that the information provided by the respondent was satisfactory?

	Yes	1
<b>Satinfo</b>	No (describe)	2

10. Please make an assessment of the respondent's race.

	'White'	1
<b>Assrace</b>	'coloured'	
	Afro-Caribbean	2
	Indian subcontinent	3
	Far Eastern	4
	Other	5

11. Time taken for interview (time from entry to household to completing the schedule)

**txint** Hours.....Minutes.....  
**txinthr** **txintmin**

12. Were there any interruptions during the interview?

**brkint** Yes 1  
 No 2

13. If yes, what was the nature of the interruption & how long was it?

What happened	How long was it (minutes)
1 <sup>st</sup> interruption	
2 <sup>nd</sup> interruption	
3 <sup>rd</sup> interruption	

14. Please tick this box if you missed any questions in error when administering the questionnaire

**Endintn**

15. Time interview finished 

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16. Please record any further comments about the interview which may be helpful

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.....

## Card 13

## INCOME

	£ PER WEEK		£ PER MONTH
--	less than 40.....	.A.....	Less than 175
<b>20</b>	40-59.....	B.....	175-254
<b>20</b>	60- <span style="border: 1px solid black; padding: 2px;">79</span> .....	.C.....	255-344
<b>20</b>	80-99.....	D.....	345-434
<b>30</b>	100-129.....	E.....	435-564
<b>30</b>	130-159.....	F.....	565-694
<b>40</b>	160-199.....	G.....	695-869
<b>50</b>	200-249.....	H.....	870-1079
<b>50</b>	250-299.....	I.....	1080-1299
<b>50</b>	300-349.....	J.....	1300-1514
	350 and over.....	K.....	1515 and over

MEMO

To: Russell, Patrick, Kate, Annie and Anne

From: Sally Macintyre

Date: 30<sup>th</sup> August 1991

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Household Income Measure on Baseline Sweep

In 1987 the fixed choice categories for household income were changed after the schedules had been printed. Unfortunately when the value labels for monthly income were typed in for the 15s they were copied from the schedule and are therefore incorrect. I do not think there are value labels for the 35s but if anyone looks at the schedule to obtain these they will similarly be wrong. This may recently have affected work being done/reported by Annie, Anne and Russell. As I understand it the categories as presented to respondents in 1987/8 are as attached. A-K directly convert to 1-11 as punched up. Value labels for 15s should thus be changed accordingly, and these values should be entered into the documentation Barbara is currently producing.