



West of Scotland  
Twenty-07 Study  
Health in the Community

**ANSWER BOOKLET, 1990**

PLEASE ANSWER THE QUESTIONS IN THIS BOOKLET WHILE THE NURSE IS GETTING THINGS READY FOR THE MEASUREMENTS. IF YOU HAVE ANY DIFFICULTY ANSWERING ANY OF THEM, ASK THE NURSE TO HELP YOU.

Serial number:     IDNO

Sex:  SEX90

STRICTLY CONFIDENTIAL

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YOUR PERSONALITY

ON THE NEXT PAGE YOU WILL FIND A NUMBER OF WORDS OR PHRASES WHICH MIGHT DESCRIBE SOMEONE'S PERSONALITY.

WE WOULD LIKE YOU TO TELL US HOW WELL EACH OF THE WORDS DESCRIBES YOU.

USE THE NUMBERS FROM THE SEVEN POINT SCALE AT THE TOP TO SHOW US HOW WELL EACH WORD DESCRIBES YOU.

For example, if the word was 'friendly'

write 1 in the box opposite friendly if it is **never or almost never true** that you are friendly

write 2 in the box if it is **usually not true** that you are friendly

write 3 in the box if it is **sometimes but infrequently true** that you are friendly

write 4 in the box if it is **occasionally true** that you are friendly

write 5 in the box if it is **often true** that you are friendly

write 6 in the box if it is **usually true** that you are friendly

write 7 in the box if it is **always or almost always true** that you are friendly

If you had filled in part of the measure like this...

friendly.....	6
irresponsible.....	2
moody.....	5
carefree.....	4

It would mean that it is usually true that you are friendly, usually not true that you are irresponsible, often true that you are moody, and occasionally true that you are carefree.

**REMEMBER TO FILL IN A BOX FOR EVERY WORD OR PHRASE**

	1	2	3	4	5	6	7	
	Never or almost never true	Usually not true	Sometimes but infrequently true	Occasionally true	Often true	Usually true	Always or almost always true	
BEM1.90	Defend my own beliefs			<input type="checkbox"/>		BEM21.90	Adaptable	<input type="checkbox"/>
BEM2.90	Affectionate			<input type="checkbox"/>		BEM22.90	Dominant	<input type="checkbox"/>
BEM3.90	Conscientious			<input type="checkbox"/>		BEM23.90	Tender	<input type="checkbox"/>
BEM4.90	Independent			<input type="checkbox"/>		BEM24.90	Conceited	<input type="checkbox"/>
BEM5.90	Sympathetic			<input type="checkbox"/>		BEM25.90	Willing to take a stand	<input type="checkbox"/>
BEM6.90	Moody			<input type="checkbox"/>		BEM26.90	Love children	<input type="checkbox"/>
BEM7.90	Assertive			<input type="checkbox"/>		BEM27.90	Tactful	<input type="checkbox"/>
BEM8.90	Sensitive to needs of others			<input type="checkbox"/>		BEM28.90	Aggressive	<input type="checkbox"/>
BEM9.90	Reliable			<input type="checkbox"/>		BEM29.90	Gentle	<input type="checkbox"/>
BEM10.90	Strong personality			<input type="checkbox"/>		BEM30.90	Conventional	<input type="checkbox"/>
BEM11.90	Understanding			<input type="checkbox"/>				
BEM12.90	Jealous			<input type="checkbox"/>				
BEM13.90	Forceful			<input type="checkbox"/>				
BEM14.90	Compassionate			<input type="checkbox"/>				
BEM15.90	Truthful			<input type="checkbox"/>				
BEM16.90	Have Leadership abilities			<input type="checkbox"/>				
BEM17.90	Eager to soothe hurt feelings			<input type="checkbox"/>				
BEM18.90	Secretive			<input type="checkbox"/>				
BEM19.90	Willing to take risks			<input type="checkbox"/>				
BEM20.90	Warm			<input type="checkbox"/>				

## GENERAL HEALTH QUESTIONNAIRE

WE WOULD LIKE TO KNOW IF YOU HAVE HAD ANY MEDICAL COMPLAINTS, AND HOW YOUR HEALTH HAS BEEN IN GENERAL OVER THE PAST FEW WEEKS. PLEASE ANSWER ALL THE QUESTIONS ON THIS PAGE SIMPLY BY TICKING THE ANSWER WHICH YOU THINK MOST NEARLY APPLIES TO YOU. REMEMBER THAT WE WANT TO KNOW ABOUT PRESENT AND RECENT COMPLAINTS, NOT THOSE WHICH YOU HAVE HAD IN THE PAST.

IT IS IMPORTANT THAT YOU TRY TO ANSWER ALL THE QUESTIONS.

	HAVE YOU RECENTLY:	better than usual	same as usual	less than usual	much less than usual
GHQ1.90	been able to concentrate on whatever you're doing?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		not at all	no more than usual	rather more than usual	much more than usual
GHQ2.90	lost much sleep over worry?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		more so than usual	same as usual	less useful than usual	much less useful
GHQ3.90	felt you were playing a useful part in things?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		more so than usual	same as usual	less so than usual	much less capable
GHQ4.90	felt capable about making decisions about things?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		not at all	no more than usual	rather more than usual	much more than usual
GHQ5.90	felt constantly under strain?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		not at all	no more than usual	rather more than usual	much more than usual
GHQ6.90	felt you couldn't overcome your difficulties?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		more so than usual	same as usual	less so than usual	much less than usual
GHQ7.90	been able to enjoy your normal day-to-day-activities?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		more so than usual	same as usual	less able than usual	much less able
GHQ8.90	been able to face up to your problems?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		not at all	no more than usual	rather more than usual	much more than usual
GHQ9.90	been feeling unhappy or depressed?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		not at all	no more than usual	rather more than usual	much more than usual
GHQ10.90	been losing confidence in yourself?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		not at all	no more than usual	rather more than usual	much more than usual
GHQ11.90	been thinking of yourself as a worthless person?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		more so than usual	about the same as usual	less so than usual	much less than usual
GHQ12.90	been feeling reasonably happy, all things considered?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

MORE ABOUT HEALTH

1. OVER THE PAST 12 MONTHS WOULD YOU SAY YOUR HEALTH ON THE WHOLE HAS BEEN GOOD, FAIRLY GOOD OR NOT GOOD?  
(Please ring the answer that applies to you)

HEALTH90

Good..... 1  
 Fairly Good..... 2  
 Not good..... 3

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2. HAVE YOU EVER FELT LIFE WAS NOT WORTH LIVING?  
(Please ring the number against either 'yes' or 'no')

SUIGEN90

Yes..... 1  
 No..... 2

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3. HAVE YOU EVER SERIOUSLY THOUGHT ABOUT TAKING AN OVERDOSE OF DRUGS OR INJURING YOURSELF DELIBERATELY?  
(Please ring the number against either 'yes' or 'no')

SUIDEA90

Yes..... 1  
 No..... 2

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4. HAVE YOU EVER ACTUALLY TAKEN AN OVERDOSE OF DRUGS OR INJURED YOURSELF DELIBERATELY?  
(Please ring the number against either 'yes' or 'no')

SUIACT90

Yes..... 1  
 No..... 2

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**WHAT HAS BEEN HAPPENING TO YOU IN THE LAST 12 MONTHS?**

PLEASE LOOK THROUGH THIS LIST OF THINGS WHICH SOMETIMES HAPPEN TO PEOPLE. IF IT HAS HAPPENED TO YOU IN THE LAST TWELVE MONTHS PLEASE RING 1 FOR YES. IF IT HAS NOT HAPPENED TO YOU IN THE LAST TWELVE MONTHS, PLEASE RING 2 FOR NO.

<b><u>EDUCATION/TRAINING/WORK/MONEY</u></b>		Yes	No
BADREP90	You had a poor education training or work report.....	1	2
INCOL90	You started college or university.....	1	2
GDWORK90	You were praised for good work.....	1	2
EDWROW90	You got into trouble at school, college or work.....	1	2
SUSP90	You were suspended/expelled from school or college.....	1	2
FEXAM90	You failed an important exam.....	1	2
BOSDIF90	You had trouble with your boss or supervisor.....	1	2
JOBCHA90	You changed your job or YTS scheme.....	1	2
JOBLOS90	You were sacked from your job or YTS scheme.....	1	2
YTSFIN90	You completed your YTS scheme.....	1	2
JOBRSP90	You had a major change in your work responsibilities.....	1	2
JOBUP90	You got promoted.....	1	2
INCCHA90	Your income changed a lot.....	1	2
NOBEN90	You had your benefits stopped.....	1	2
PHHELP90	You had to ask your parent(s) for help with money.....	1	2
<b><u>FAMILY LIFE</u></b>			
HOUSE90	Your family moved to a new house.....	1	2
SIBNEW90	You got a new brother or sister.....	1	2
SIBOFF90	Your brother or sister left home.....	1	2
SLFOFF90	You left home.....	1	2
PARJOB90	Your mother or father got a new job.....	1	2
PARRED90	Your mother or father lost their job.....	1	2
FAMILL90	Your mother, father, brother or sister had a serious illness or injury.....	1	2
PARSEP90	Your parents decided to separate/divorce.....	1	2
SIBROW90	You had a serious row with a brother or sister.....	1	2
PARDIE90	Your mother, father, brother or sister died.....	1	2
PARROW90	Your parents had a serious row.....	1	2
PARPOL90	Your mother or father were in trouble with the police.....	1	2
STEP90	You got a new stepmother or stepfather.....	1	2
SLFROW90	You had a serious row with your parents.....	1	2

**PERSONAL LIFE**

ENGAGE90	You got engaged.....	1	2
PALOFF90	A close friend moved to live far away.....	1	2
NEWLOV90	You had a new girl/boyfriend.....	1	2
OFFLOV90	You broke up with your girl/boyfriend.....	1	2
RENLOV90	You made it up with your girl/boyfriend.....	1	2
SEXDIF90	You had sexual problems.....	1	2
MARRY90	You got married.....	1	2
PREG90	You or your girlfriend/wife got pregnant.....	1	2
BABY90	You or your girlfriend/wife had a baby.....	1	2
DIV90	You got divorced.....	1	2
DRIVE90	You passed your driving test.....	1	2
MOTOR90	You bought a car or motorbike.....	1	2
PALILL90	A close friend had a serious illness or injury.....	1	2
POLICE90	You got into trouble with the police.....	1	2
ACCIL90	You had a serious injury or illness.....	1	2
PALDIE90	A close friend died.....	1	2
ATTACK90	You were attacked or injured by someone.....	1	2
ABORT90	You or your girlfriend/wife had an abortion.....	1	2
COURT90	You were taken to Court.....	1	2

**YOUR LOOKS**

HOW WOULD YOU RATE YOUR PHYSICAL ATTRACTIVENESS? WITH 1 AS VERY ATTRACTIVE, 7 AS VERY UNATTRACTIVE AND 4 AS AVERAGE, HOW DO YOU RATE YOUR LOOKS?

Please ring the number that you think most applies to you)

ATSELF90	Very attractive.....	1
	.....	2
	.....	3
	Average.....	4
	.....	5
	.....	6
	Very unattractive.....	7

**THINGS YOU HAVE DONE**

HOW MANY TIMES, IF AT ALL, HAVE YOU DONE ANY OF THE FOLLOWING THINGS?  
 (Please ring the answer that applies to you).

	<u>never</u>	<u>1-2 times</u>	<u>a few times</u>	<u>several times</u>	
Written on walls with spray cans.....	1 .....	2 .....	3 .....	4 .....	GRAFIT90
Donated blood.....	1 .....	2 .....	3 .....	4 .....	DONOR90
Smashed, slashed or damaged things in a public place.....	1 .....	2 .....	3 .....	4 .....	VANDAL90
Loaned money to a friend.....	1 .....	2 .....	3 .....	4 .....	LOANTO90
Attacked someone in a public place.....	1 .....	2 .....	3 .....	4 .....	ASAULT90
Stolen things out of cars.....	1 .....	2 .....	3 .....	4 .....	THCAR90
Given money to charity.....	1 .....	2 .....	3 .....	4 .....	CHADON90
Stolen things from shops or stores.....	1 .....	2 .....	3 .....	4 .....	THSHOP90
Carried a weapon in case it was needed in a fight.....	1 .....	2 .....	3 .....	4 .....	WEAPON90
Helped someone move house.....	1 .....	2 .....	3 .....	4 .....	HLPMOV90
Bought cheap or accepted goods I knew were stolen.....	1 .....	2 .....	3 .....	4 .....	RECGDS90
Taken a car, motor-bike or bicycle belonging to another person	1 .....	2 .....	3 .....	4 .....	TAKCAR90
Taken part in a charity event.....	1 .....	2 .....	3 .....	4 .....	CHAACT90
Broken into a house or other premises in order to steal things	1 .....	2 .....	3 .....	4 .....	BURGLE90
Done voluntary work to help others.....	1 .....	2 .....	3 .....	4 .....	DOGOOD90
Stolen from slot machines.....	1 .....	2 .....	3 .....	4 .....	THSLOT90
Been involved in fights.....	1 .....	2 .....	3 .....	4 .....	FIGHT90