



POSTAL QUESTIONNAIRE
1988

cohort 15

IDNO

Serial Number

--	--	--	--

There are two kinds of questions asked in this questionnaire. The first asks you simply to write an answer in the space provided (along the dotted lines). The second asks you to indicate the answer that applies to you either by ringing a number or ticking a box. For example, question 6 asks about your level of fitness. If you think it is very good ring 1 like this 1 , if good 2 and so on.

We would like to keep in contact with you in the future. Just in case you or your family move in the next year or so, could you please write in the name and address of a relative or neighbour who would know your new address and who could forward mail to you if necessary. Please do not write in your own address here. As with everything else in this survey, this information is strictly confidential.

Name:.....

Address:.....

.....

.....

Telephone Number:.....

STRICTLY CONFIDENTIAL

WHAT HAVE YOU BEEN DOING?

1)

We would like to know what you have been doing over the last year or so. Please ring the number for each three month period to let us know what you were mainly doing at that time. Please make sure that only one number is ringed in each time period.

For example, if between July and September last year (1987) you were out of work, ring 1. If you have been on YTS since then (October 1987 to now), ring 2 for each of the time periods.

In the column marked 'now' please ring what you are doing at the moment, and in the last column what you expect to be doing this time next year.

	ECOA88	ECOB88	ECOC88	ECOD88	ECOE88		ECONOW88		ECOFUT88
	Jul Aug Sept '87	Oct Nov Dec '87	Jan Feb Mar '88	April May June '88	July Aug Sept '88		Now		This Time Next Year
Out of work/unemployed.....1.....1.....1.....1.....1.....1.....1.....
On YTS.....2.....2.....2.....2.....2.....2.....2.....
At school.....3.....3.....3.....3.....3.....3.....3.....
At college.....4.....4.....4.....4.....4.....4.....4.....
At university.....5.....5.....5.....5.....5.....5.....5.....
In a full time job (over 30 hrs a week)6.....6.....6.....6.....6.....6.....6.....
In a part-time job.....7.....7.....7.....7.....7.....7.....7.....
Something else.....8.....8.....8.....8.....8.....8.....8.....

If something else, please write what this is:.....

.....

2) Can you tell us a bit more about what you are doing *now*?

PLEASE ANSWER EITHER SECTION A, B, OR C

A. If you are in a job

OCC88

What is the job called?.....

What do you actually do?.....

.....

What does your firm or industry make or do?

.....

B. If you are in full-time education,

What course(s) are you studying? (e.g. Highers, Nursing or Teacher Training, Secretarial Studies, University course)

.....

.....

C. If you are in a training scheme,

YTSOCC88

What is the name of the scheme? (e.g. YTS, Community Programme)

.....

What kind of work do you do?

.....

WHAT HAS BEEN HAPPENING TO YOU IN THE LAST 12 MONTHS?

(3) Please look through this list of things which sometimes happen to people. Ring 1 for those which have happened to you, or 2 for those which have not happened to you, in the last twelve months.

EDUCATION / TRAINING / WORK

		YES	NO
BADREP88	You had a poor report	1	2
GDWORK88	You were praised for good work	1	2
SCLROW88	You got into serious trouble at school or college	1	2
SUSP88	You were suspended/expelled	1	2
FEXAM88	You failed an important exam	1	2
BOSDiF88	You had trouble with your boss or supervisor.....	1	2
JOBCHA88	You changed your job or YTS scheme.....	1	2
JOBLOS88	You lost your job	1	2
JOBRSP88	You had a major change in your work responsibilities.....	1	2
JOBUP88	You got promoted	1	2

FAMILY LIFE

		YES	NO
HOUSE88	Your family moved to a new house	1	2
SIBNEW88	You got a new brother or sister	1	2
SIBOFF88	Your brother or sister left home	1	2
SLFOFF88	You left home	1	2
PARJOB88	Your mother or father got a new job	1	2
PARRED88	Your mother or father lost their job	1	2
FAMILL88	Your mother, father, brother or sister had a serious illness or injury.....	1	2
PARSEP88	Your parents decided to separate	1	2
SIBROW88	You had a serious row with a brother or sister	1	2
PARDIE88	Your mother, father, brother or sister died	1	2
PARROW88	Your parents had a serious row	1	2
PARPOL88	Your mother or father were in trouble with the police..	1	2
STEP88	You got a new stepmother or stepfather	1	2
SLFROW88	You had a serious row with your parents	1	2

PERSONAL LIFE

		YES	NO
ENGAGE88	You got engaged	1	2
PALOFF88	A close friend moved to live far away	1	2
NEWLOV88	You had a new girl/boyfriend	1	2
OFFLOV88	You broke up with your girl/boyfriend	1	2
RENLOV88	You made it up with your girl/boyfriend	1	2
MARRY88	You got married	1	2
MBABY88	(males only) your girlfriend/wife had a baby.....	1	2
FBABY88	(females only) you had a baby	1	2
PALILL88	A close friend had a serious illness or injury	1	2
POLICE88	You got into trouble with the police	1	2
ACCILL88	You had a serious injury or illness	1	2
PALDIE88	A close friend died	1	2
ATTACK88	You were attacked or injured by someone	1	2
INCCHA88	Your income changed a lot	1	2
MABORT88	(males only) your girlfriend/wife had an abortion	1	2
FABORT88	(females only) you had an abortion.....	1	2

(9) We would like to know if you have had any medical complaints, and how your health has been in general, over the past few weeks. Please tick (✓) the answer to each question which most nearly applies to you. Remember that we want to know about present and recent complaints, not those which you have had in the past. It is important that you try to answer ALL the questions.

HAVE YOU RECENTLY:

1 been able to concentrate on whatever you're doing? GHQ1.88	BETTER THAN USUAL <input type="checkbox"/>	SAME AS USUAL <input type="checkbox"/>	LESS THAN USUAL <input type="checkbox"/>	MUCH LESS THAN USUAL <input type="checkbox"/>
2 lost much sleep over worry? GHQ2.88	NOT AT ALL <input type="checkbox"/>	NO MORE THAN USUAL <input type="checkbox"/>	RATHER MORE THAN USUAL <input type="checkbox"/>	MUCH MORE THAN USUAL <input type="checkbox"/>
3 felt you were playing a useful part in things? GHQ3.88	MORE SO THAN USUAL <input type="checkbox"/>	SAME AS USUAL <input type="checkbox"/>	LESS USEFUL THAN USUAL <input type="checkbox"/>	MUCH LESS USEFUL <input type="checkbox"/>
4 felt capable about making decisions about things? GHQ4.88	MORE SO THAN USUAL <input type="checkbox"/>	SAME AS USUAL <input type="checkbox"/>	LESS SO THAN USUAL <input type="checkbox"/>	MUCH LESS CAPABLE <input type="checkbox"/>
5 felt constantly under strain GHQ5.88	NOT AT ALL <input type="checkbox"/>	NO MORE THAN USUAL <input type="checkbox"/>	RATHER MORE THAN USUAL <input type="checkbox"/>	MUCH MORE THAN USUAL <input type="checkbox"/>
6. felt you couldn't overcome your difficulties GHQ6.88	NOT AT ALL <input type="checkbox"/>	NO MORE THAN USUAL <input type="checkbox"/>	RATHER MORE THAN USUAL <input type="checkbox"/>	MUCH MORE THAN USUAL <input type="checkbox"/>
7 been able to enjoy your normal day-to-day activities? GHQ7.88	MORE SO THAN USUAL <input type="checkbox"/>	SAME AS USUAL <input type="checkbox"/>	LESS SO THAN USUAL <input type="checkbox"/>	MUCH LESS THAN USUAL <input type="checkbox"/>
8. been able to face up to your problems? GHQ8.88	MORE SO THAN USUAL <input type="checkbox"/>	SAME AS USUAL <input type="checkbox"/>	LESS ABLE THAN USUAL <input type="checkbox"/>	MUCH LESS ABLE <input type="checkbox"/>
9 been feeling unhappy or depressed? GHQ9.88	NOT AT ALL <input type="checkbox"/>	NO MORE THAN USUAL <input type="checkbox"/>	RATHER MORE THAN USUAL <input type="checkbox"/>	MUCH MORE THAN USUAL <input type="checkbox"/>
10 been losing confidence in yourself? GHQ10.88	NOT AT ALL <input type="checkbox"/>	NO MORE THAN USUAL <input type="checkbox"/>	RATHER MORE THAN USUAL <input type="checkbox"/>	MUCH MORE THAN USUAL <input type="checkbox"/>
11. been thinking of yourself as a worthless person? GHQ11.88	NOT AT ALL <input type="checkbox"/>	NO MORE THAN USUAL <input type="checkbox"/>	RATHER MORE THAN USUAL <input type="checkbox"/>	MUCH MORE THAN USUAL <input type="checkbox"/>
12. been feeling reasonably happy, all things considered? GHQ12.88	MORE SO THAN USUAL <input type="checkbox"/>	ABOUT THE SAME AS USUAL <input type="checkbox"/>	LESS SO THAN USUAL <input type="checkbox"/>	MUCH LESS THAN USUAL <input type="checkbox"/>

WHAT ABOUT SMOKING, DRINKING AND EXERCISE

- 10) We asked you last year about smoking. Which of the following most closely describes you now?

CIGS88

I have never smoked..... 1
 I only tried smoking once or twice..... 2
 I used to smoke but gave it up..... 3
 I smoke occasionally (sometimes)..... 4
 I smoke regularly..... 5

If you smoke occasionally or regularly,

- NCIGS88 (a) How many cigarettes (including any roll-ups) do you usually smoke in a week?

(write number of cigarettes here).....

- 11) What about alcohol (wine with or without meals, beer, lager, cider or spirits like whisky or vodka)? What statement most closely describes you now?

DRINK88

I have never drunk alcohol..... 1
 I used to drink but gave it up..... 2
 I drink occasionally (sometimes)..... 3
 I drink regularly..... 4

If you drink occasionally or regularly,

- (a) How often do you usually have a drink?
- FDRINK almost every day..... 1
 about twice a week..... 2
 about once a week..... 3
 about once every two weeks..... 4
 about once a month..... 5
 only a few times a year..... 6

(b) Thinking of last week. How much of the following did you drink? If it helps, think back over each day to this time last week.

BEER88 beer, lager, shandy, stout or ciderpints
 WINE88 wine glasses
 SHERRY88 martini, sherry or port glasses
 SPIRIT88 spirits (whisky, gin, vodka, etc) measures

